



Stephanie Hess <shess@amadorgov.org>

Community Program Planning Process -- Request for Assistance

3 messages

Stephanie Hess <shess@amadorgov.org>

Wed, Mar 29, 2023 at 9:29 AM

To: Nichole Mulford <nichole@vsvets.org>, Larry Nunez <larry@vsvets.org>, Michele Siefer <michele@vsvets.org>

Hello,

You guys have to be so busy right now with all of the new developments going on with Victory Village! I hope you are all doing well -- and that we get to see more of each other because it is softball season!

At any rate, the reason I am writing is to see if you would be willing to help out with our annual Community Program Planning Process. More details are listed below -- such as why this is important and how to participate. But first, I wanted to reach out directly to make sure you know that we really need and appreciate input from Veterans. Without hearing from you, other Vets in the community and those that support them, we aren't able to capture their feedback and move forward with initiatives, programs and outreach that support their wellbeing. If you could complete the survey yourself and encourage others to do so, it would be greatly appreciated.

Larry -- do you still do the ACT Collaboratives? If so, could we do another focus group during that meeting like we have done in the past? If not, no worries -- just thought I would ask!

The Community Program Planning Process is an important way to provide input about the mental health needs in our community. The feedback provided acts as a guide and informs the work we do over the next several years. We are currently seeking input now through May 31st from anyone who has an interest in mental health either working or living in Amador County. There are two ways you can participate -- through discussions held in a focus group format OR by completing the Community Survey either online or in paper format. You may also choose to participate in both the focus group discussions and the survey as well. More details on both are detailed here:

Focus Groups:

In order to have meaningful discussions around mental health services in Amador County, focus groups will be taking place from now through the end of May. If you would like to schedule a focus group for your specific organization, agency or group please reach out to Stephanie Hess.

The first of several community based focus groups is scheduled for April 4th at 3:30 p.m. and will be done virtually. The flyer is attached. If you are unable to attend, more will be scheduled so stay tuned to the Community Announcements email so you know when the next one is coming up!

Survey:

We encourage you, the people you serve, your friends, family and neighbors to complete the survey. You can access the survey by going to this link:

<https://www.surveymonkey.com/r/YDL633F>

A PDF of the survey is also attached. If you need hard copies, have any questions or want to learn more, feel free to contact Stephanie Hess at (209) 223-6308 or shess@amadorgov.org.

Let me know if you have any questions! Thanks for all that you do!

Stephanie Hess

Pronouns: she, her, hers

MHSA Programs Coordinator

Amador County Behavioral Health Services

(209) 223-6308


shess@amadorgov.org

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strictly prohibited.

3 attachments

 **Focus Group Flyer 4-4-23.pdf**
1316K

 **CPPP Community Survey.pdf**
88K

 **CPPP Survey Flyer.pdf**
18010K

Nichole Mulford <nichole@vfvets.org>

Wed, Mar 29, 2023 at 3:58 PM

To: Stephanie Hess <shess@amadorgov.org>, Larry Nunez <larry@vfvets.org>, Michele Siefer <michele@vfvets.org>

This is awesome! We would love to help. I also think a focus group for military/veteran family members would be very valuable.

[Quoted text hidden]

Stephanie Hess <shess@amadorgov.org>

Wed, Mar 29, 2023 at 4:34 PM

To: Nichole Mulford <nichole@vfvets.org>

Cc: Larry Nunez <larry@vfvets.org>, Michele Siefer <michele@vfvets.org>

Hi Nichole -- thank you so much for your willingness to help!! Would you be able to help get the word out if we did do a military/veteran family members focus group? Could we do it at Victory Village or do you think virtual would be better?

Thanks,

Stephanie Hess

Pronouns: she, her, hers

MHSA Programs Coordinator

Amador County Behavioral Health Services

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shess@amadorgov.org

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[Quoted text hidden]




Stephanie Hess <shess@amadorgov.org>

Community Announcements!!! Friday March 31, 2023

James Burke <jburke@amadorgov.org>
Bcc: SHess@amadorgov.org

Fri, Mar 31, 2023 at 8:40 AM

March 31, 2023

 Good morning everyone! Attached are the community announcements and also do not forget to check out Amador Network of Care at the following link:
<https://amador.networkofcare.org/mh/index.aspx>















Source: <https://unsplash.com/photos/siaZOhMQsMM>

"Crayola Crayon Day is celebrated on March 31 every year. This holiday will undoubtedly be as colorful as it can be, with over 400 colors in its collection. This day is for you, whether you're a student, a professional visual artist, or an aspiring artist. Learn how to celebrate this unique festival in your own home. The selection of entertaining things to do is unlimited, whether it's socializing with your pals, shading your favorite color book, or going crazy with artistic drawing pieces. So grab your Crayola crayons and let your imagination run wild." Source: <https://nationaltoday.com/crayola-crayon-day/>

--
James Burke
Personal Service Coordinator
Amador County Behavioral Health
209-223-6553

12 attachments

 **CPPP Community Survey.pdf**
88K

-  **Cultural Humility Training Flyer.pdf**
675K
-  **Employment Workshop Flyer 4.2023.pdf**
362K
-  **Focus Group Flyer 4-4-23.pdf**
1316K
-  **Helping Hands NAMI Amador 4-13-23.pdf**
124K
-  **HRF2023_flyer (003).pdf**
263K
-  **NAMI Aamdor F2F Spring 2023.pdf**
121K
-  **HRF2023_sponsorship (1).pdf**
64K
-  **NAMI Amador Peer to Peer 2023.pdf**
118K
-  **Spanish CPPP Community Survey.pdf**
470K
-  **CPPP Survey Flyer.pdf**
18010K
-  **FinancialLiteracyResourceWebinar_2023 Final.pdf**
1525K



Stephanie Hess <shess@amadorgov.org>

Community Program Planning Process

2 messages

Stephanie Hess <shess@amadorgov.org>

Tue, Mar 28, 2023 at 4:54 PM

To: Tammie Crabtree <tammie@operationcare.org>, Ashley Carnicello <ashley@operationcare.org>

Hello,

Hopefully this email finds you both doing well! I am writing to ask for some support from Operation Care in the Community Program Planning Process this year. We would love to have a robust response from a variety of populations that we all serve and work with here in Amador County. You serve a very resilient population and obtaining feedback from you as providers, and then from some of the people you serve (if appropriate) is critical to helping us build better programs and partnerships. If you could assist us in 'pushing out' the information such as the survey link and information around our scheduled focus groups, that would be greatly appreciated. Also, if you have ideas of specific focus groups that we could facilitate, please let us know and we can work to get those groups scheduled.

Below is the information that went out last week--but it is useful in sending things out and verbiage, if you so choose to use it. Let me know if you have any questions or need any support in this process. Thanks for all that you do!!

The Community Program Planning Process is an important way to provide input about the mental health needs in our community. The feedback provided acts as a guide and informs the work we do over the next several years. We are currently seeking input now through May 31st from anyone who has an interest in mental health either working or living in Amador County. There are two ways you can participate -- through discussions held in a focus group format OR by completing the Community Survey either online or in paper format. You may also choose to participate in both the focus group discussions and the survey as well. More details on both are detailed here:

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Survey:

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<https://www.surveymonkey.com/r/YDL633F>

A PDF of the survey is also attached. If you need hard copies, have any questions or want to learn more, feel free to contact Stephanie Hess at (209) 223-6308 or shess@amadorgov.org.

Thank you,

Stephanie Hess

Pronouns: she, her, hers

MHSA Programs Coordinator




Amador County Behavioral Health Services

(209) 223-6308

shess@amadorgov.org

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3 attachments

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1316K
-  CPPP Community Survey.pdf
88K
-  CPPP Survey Flyer.pdf
18010K

Ashley Carnicello <ashley@operationcare.org> Fri, Mar 31, 2023 at 10:24 AM
 To: Stephanie Hess <shess@amadorgov.org>, Tammie Crabtree <tammie@operationcare.org>

Hi Stephanie,
 Thank you for the information! We will share and take the survey!
 Have a great weekend!

Ashley Carnicello

Deputy Director

Operation Care

Tel. 209-223-2897

Fax. 209-223-2987

www.operationcare.org

www.facebook.com/operationcare

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Volcano Theatre Company
and ACE HARDWARE of PLYMOUTH

present

PRIS NEED SEC

By Neil Simon

Directed by Bob Duzdevich

April 7 - May 14

NEW TIME: Friday & Saturdays, 7:30 p.m.
Sunday Matinees, 2 p.m.

50
SEASONS
2023

TICKETS @ volcanotheatre.net
or by calling 209.419.0744



With Permission of Concord Theatricals

COMMUNITY PLANNING PROCESS

Amador County Behavioral health wants to hear from you!

The Community Program Planning Process is an important way to provide input about the mental health needs in our community. We are currently seeking input now through May 31st from anyone who has an interest in mental health either working or living in Amador County.

SURVEY:
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If you need hard copies, have any questions or want to learn more, feel free to contact
Stephanie Hess at (209) 223-6308 or shess@amadorgov.org.



Stephanie Hess <shess@amadorgov.org>

Spanish Version of the CPPP -- FINAL

3 messages

Stephanie Hess <shess@amadorgov.org>

Tue, Apr 4, 2023 at 9:54 AM

To: Juan Arguello <jarguello@amadorgov.org>, Sylvia Newlun <snewlun@amadorgov.org>, Stephanie Alcantar <salcantar@amadorgov.org>, Melissa Cranfill <mcranfill@amadorgov.org>, Monica Perez <mperez@amadorgov.org>, James Burke <jburke@amadorgov.org>, Nina Machado <nina@first5amador.com>

Hello,

Thank you for your patience with me -- attached is the Spanish version of the Community Program Planning Process (CPPP) Survey. Please encourage our Spanish-speaking consumers and/or family members or anyone else to complete this survey. We sure appreciate the help!

Have a great day!

Stephanie Hess

Pronouns: she, her, hers


MHSAs Programs Coordinator

Amador County Behavioral Health Services

(209) 223-6308

shess@amadorgov.org

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 **CPPP Community Survey Spanish version 2023.pdf**
284K**Nina Machado** <nina@first5amador.com>

Tue, Apr 4, 2023 at 10:08 AM

To: Stephanie Hess <shess@amadorgov.org>

Will do -- thanks, Stephanie.

Nina Machado

First 5 Amador

Executive Director

209.257.1092

P.O. Box 815

Jackson, CA 95642

[Quoted text hidden]

Nina Machado <nina@first5amador.com>

Tue, Apr 4, 2023 at 10:09 AM

To: Tassie Earnest <f5a@first5amador.com>, Shannon Puente <q4k@first5amador.com>

Cc: Stephanie Hess <shess@amadorgov.org>

Hello.

Please see Stephanie's email below. If some of our attendees would be more comfortable completing in Spanish -- they can use the version attached.

Thanks kindly.

Nina

Nina Machado
First 5 Amador
Executive Director
209.257.1092
P.O. Box 815
Jackson, CA 95642

[Quoted text hidden]



CPPP Community Survey Spanish version 2023.pdf
284K



Stephanie Hess <shess@amadorgov.org>

MHSA Focus Group Follow Up

Stephanie Hess <shess@amadorgov.org>

Tue, Apr 4, 2023 at 4:07 PM

To: smezaramirez@cttp.net, James Burke <jburke@amadorgov.org>, Julie Kramer <jkramer@amadorgov.org>

Hello,

Thank you so much for attending today's focus group to support the MHSA Community Program Planning Process (CPPP). Although it was a small group, we really appreciate your interest in this process and were grateful you were there.

Attached, please find the following:

1. MHSA Focus Group Presentation Slide Deck
2. Community Program Planning Process Infographic
3. PDF version of the CPPP Survey in both English & Spanish

If you haven't done so already, we highly encourage you to take the survey online or via paper format (see PDF attached). If you choose to utilize the paper version, please send it back to me by May 31st or let me know and I can arrange to pick it up from you.

The mailing address is: 10877 Conductor Blvd., Suite 300, Sutter Creek, CA 95685

Here is the link to the survey: <https://www.surveymonkey.com/r/TQY6T8K>

As a reminder, we encourage anyone who is interested in how mental health services are implemented in our community to participate in this process so please share the survey and survey link with those in your sphere of influence.

If you have any questions, please feel free to reach out. Thank you!!

Stephanie Hess

Pronouns: she, her, hers

MHSA Programs Coordinator

Amador County Behavioral Health Services

(209) 223-6308

shess@amadorgov.org

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4 attachments

**Focus Group Presentation.pdf**

180K

**MHSA-Community-Planning-Infographic.pdf**

207K

**CPPP Community Survey.pdf**

88K

**CPPP Community Survey Spanish version 2023.pdf**

284K



Stephanie Hess <shess@amadorgov.org>

Amador Calaveras Perinatal Wellness Coalition

Nina Machado <nina@first5amador.com> Wed, Apr 5, 2023 at 5:06 PM
 To: Sasha Kristoffersen <kristoffersen@trcac.org>, "Snyder, Jane" <SnyderJ@sutterhealth.org>, Diane Hosmer <diane@mothersownmilk matters.com>, Sue Allread <sue@amadorpregnancyhelpcenter.com>, Christina Allende <allenc@sutterhealth.org>, Teri Lane <TLane@co.calaveras.ca.us>, Christa Thompson <cthompson.lcsw@outlook.com>, Stephanie Hess <shess@amadorgov.org>, Jolie Chain <jolie.chain@gmail.com>, Pat Porto <pporto@atcaa.org>, Robin Field <robinfield@icloud.com>, Sylvia Newlun <snawlun@amadorgov.org>, Marci Gallagher <mgallagher@co.calaveras.ca.us>, "Davis, Brittany" <davisb11@sutterhealth.org>, "Chelsea Yule, LCSW" <chelseayule@gmail.com>, "Paine, Janet E." <janet.paine@anthem.com>, Noelle Stroppini <noellestroppini@icloud.com>, "Martin, Jared" <jared.martin@anthem.com>, virginia Murray <ginnimurray@yahoo.com>, Jane Snyder <snnyderjm30@gmail.com>, "Hosmer, Diane M" <hosmedm@sutterhealth.org>, Jennifer Beach Chambers <jbeachchambers@calvoices.org>, Tassie Earnest <f5a@first5amador.com>, PalaciH@sutterhealth.org, director@cdohope.org, Samantha Bennion <SBennion@trcac.org>, Davina Edmonson <dedmonson@amadorgov.org>, Emma Swett <eswett@nexusyfs.org>, Sara Rader-Coleman <sara.radercoleman@gmail.com>, Rochelle Sweet <rsweet@co.calaveras.ca.us>, septemberskye92@yahoo.com, Elizabeth Barcklay <elizabeth.barcklay@sutterhealth.org>, "Dalby, Desiree" <desiree.dalby@elevancehealth.com>, Lutisha Shaw <Lutisha.Shaw@cahealthwellness.com>

Good afternoon.

It looks as though we need to rethink a meeting date -- we will miss too many if we meet the week of the 10th. **Please let me know if the 25th or 26th at 11:30 (via zoom) will work for you.**

Also, Amador County Behavioral Health is in the midst of their Community Program Planning Process now through May 31st. The feedback provided acts as a guide and informs the work that will be done over the next several years. Please encourage anyone either working or living in Amador County who has an interest in mental health to complete the survey (that includes all of you working / living in Amador). If you would like hardcopies of the survey, we can make those available as well. (If you have questions regarding the survey -- please contact Stephanie at 209-223-6308.)

Survey:

We encourage you, the people you serve; your friends, family and neighbors to complete the survey. You can access the survey by going to this link:

<https://www.surveymonkey.com/r/YDL633F>

Thanks for all you do.

Nina

[Quoted text hidden]



Stephanie Hess <shess@amadorgov.org>

Date

Nina Machado <nina@first5amador.com>
To: Stephanie Hess <shess@amadorgov.org>

Wed, Apr 5, 2023 at 5:13 PM

Hi Stephanie.

Update-

Shannon and I are still reviewing dates for an evening pizza / focus group. We are double-checking with NAMI -- they and a few others have some pending dates with us.

Regarding the child care provider / preschool teacher event in May, we will make the surveys available and do a drawing or something fun to support their completion (and, sharing with families using their services). We're brainstorming incentivizing the process.

Thank you.

Nina

Nina Machado
First 5 Amador
Executive Director
209.257.1092
P.O. Box 815
Jackson, CA 95642



Stephanie Hess <shess@amadorgov.org>

Amador Calaveras Perinatal Wellness Coalition

Nina Machado <nina@first5amador.com>

Fri, Apr 7, 2023 at 5:06 PM

To: Sasha Kristoffersen <skristoffersen@trcac.org>, "Snyder, Jane" <SnyderJ@sutterhealth.org>, Diane Hosmer <diane@mothersownmilkatters.com>, Sue Allread <sue@amadorpregnancyhelpcenter.com>, Christina Allende <allie@c@sutterhealth.org>, Teri Lane <TLane@co.calaveras.ca.us>, Christa Thompson <cthompson.lcsw@outlook.com>, Stephanie Hess <shess@amadorgov.org>, Jolie Chain <jolie.chain@gmail.com>, Pat Porto <pporto@atcaa.org>, Robin Field <robinfield@icloud.com>, Sylvia Newlun <snewlun@amadorgov.org>, Marci Gallagher <mgallagher@co.calaveras.ca.us>, "Davis, Brittany" <davisb11@sutterhealth.org>, "Chelsea Yule, LCSW" <chelseayule@gmail.com>, "Paine, Janet E." <janet.paine@anthem.com>, Noelle Stroppini <noellestroppini@icloud.com>, "Martin, Jared" <jared.martin@anthem.com>, virginia Murray <ginnimurray@yahoo.com>, Jane Snyder <snyderjm30@gmail.com>, "Hosmer, Diane M" <hosmedm@sutterhealth.org>, Jennifer Beach Chambers <jbeachchambers@calvoices.org>, Tassie Earnest <f5a@first5amador.com>, PalaciH@sutterhealth.org, director@cdohope.org, Samantha Bennion <SBennion@trcac.org>, Davina Edmonson <dedmonson@amadorgov.org>, Emma Swett <eswett@nexusyfs.org>, Sara Rader-Coleman <sara.radercoleman@gmail.com>, Rochelle Sweet <rsweet@co.calaveras.ca.us>, septemberskye92@yahoo.com, Elizabeth Barcklay <elizabeth.barcklay@sutterhealth.org>, "Dalby, Desiree" <desiree.dalby@elevancehealth.com>, Lutisha Shaw <Lutisha.Shaw@cahealthwellness.com>

Good afternoon and thank you for the responses regarding our next meeting date.

The majority of participants are able to attend April 25th from 11:30 - 12:30/1:00. I will send a zoom link with a reminder as we get closer to the date.

Please don't forget to complete (and share) the Mental Health Services Act survey -- thank you!

Survey:

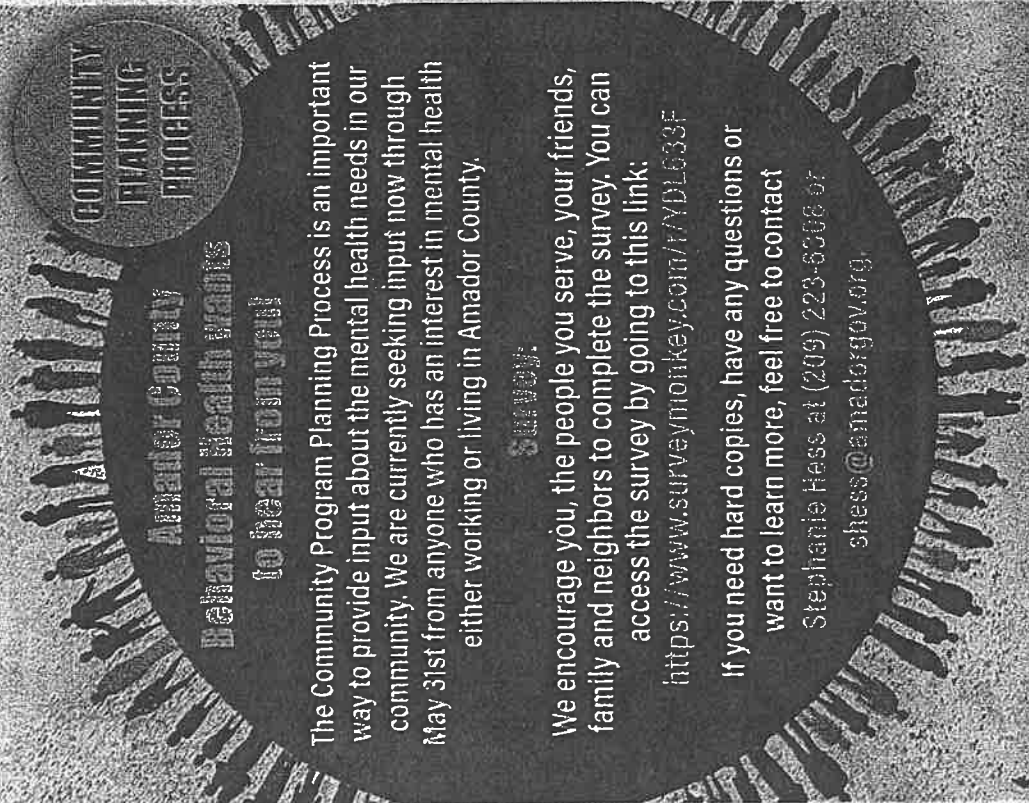
We encourage you, the people you serve, your friends, family and neighbors to complete the survey. You can access the survey by going to this link:

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Have a wonderful weekend.

Best.

[Quoted text hidden]



COMMUNITY PLANNING PROCESS

Amador County Behavioral Health wants to hear from you

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If you need hard copies, have any questions or want to learn more, feel free to contact Stephanie Hess at (209) 223-6306 or shess@amadorgov.org.

APRIL IS CHILD ABUSE AWARENESS MONTH

Wear Blue Day
 April 1, 2023

Be the One

Every kid is one caring adult away from being a success story.
 -Josh Shippy

California AIDS PLATES

CELEBRATE OUR CHILDREN

Saturday, April 22, 2023
 Argonaut High School, Jackson

amadorcpc.org
 (209) 223-5521

Jacksonville
www.marshallindental.com

Not valid on holidays

email: jacksoncleaners@sbglobal.net

COMMUNITY PLANNING PROCESS

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<https://www.surveymonkey.com/r/D1633F>

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APRIL IS CHILD ABUSE AWARENESS MONTH

Wear Blue Day
April 15, 2023
A Blue Day Presentation
10:00am - 11:00am

Be the One

amadorcpc.org
(509) 223-6341

Every kid is one caring adult away from being a success.
-Judy Schump

California
KIDS' PLATES
FOODS IN THE KITCHEN THAT DON'T GET USED

Celebrate Our Children
Saturday, April 22, 2023
Argonaut High School, Jackson



Stephanie Hess <shess@amadorgov.org>

Faith Based Taskforce minutes from 4-18-2023

Steve Christensen <christensen668@sbcglobal.net>
Reply-To: Steve Christensen <christensen668@sbcglobal.net>
To: Steve Christensen <christensen668@sbcglobal.net>

Tue, Apr 18, 2023 at 3:15 PM

The meeting was opened with a prayer by Imre Golden from the Central Church of Christ at 1:30 PM.

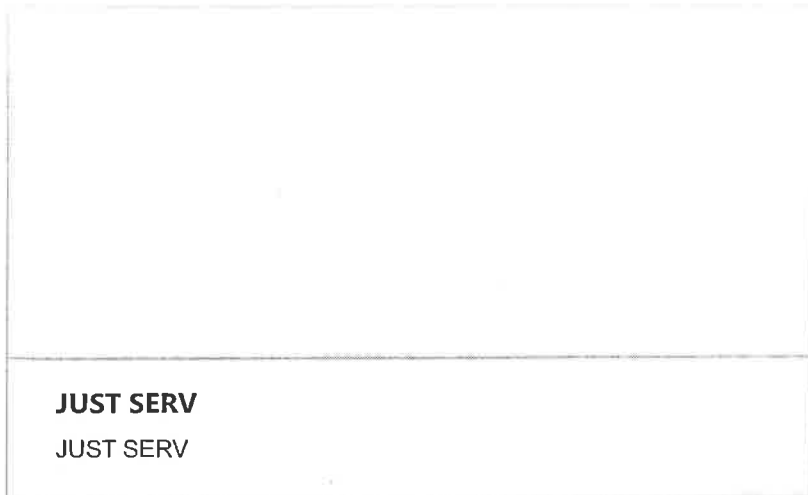
Imre told us his church has installed a new air-conditioning unit. His church is willing to help all those that request assistance.

John Murphy told us about all the services provided by Saint Vincent de Paul. The volume of calls from those needing help has increased and they asked the congregation for volunteers. Thirty-eight people stepped forward. A lot of what SVdP does involves home visitations. If all 38 feel that is not their calling, there are other activities they can be involved with. There was an increase in needs up-county with fixing roofs, flood damage and increases in rent. In March, SVdP gave out \$11,400 in assistance. They had 89 calls for help, made 16 house visits and gave out 50 references for assistance. St. Katharine served 38 people supper. John told us that they have been getting some financial assistance from the Amador Community Foundation.

James Burke from the Amador County Behavior Health Department passed out a survey that the Behavioral Health Department is giving that will help them better serve our community. He also reminded us of the Homeless Resource Fair on May 21st and May 22nd.

Julie Roberts from the Church of Jesus Christ of Latter Day Saints told about a truck of food being delivered from Salt Lake

City to the Interfaith Food Bank. She reminded us of the webpage JUST SERV



This web page can tell people of volunteer opportunities locally. If you have a non-profit and wish to advertise you can contact Julia at LDSJulie@msn.com or call her at 209-601-8847.

Steve Christensen talked about Project ReStart at Trinity Episcopal Church and the bins of supplies that the church has supplied to victims of natural disasters. Steve also told about the ten Homeless Assistance Resource Teams (HART) in Sacramento. Trinity Church is talking about forming a HART chapter in Amador County to help the unhoused. If Trinity goes forward with this ministry, you will be hearing more from me as Trinity will need multiple churches and community organizations to make this ministry a reality.

Steve Christensen

209-267-0615 (home)

209 256-5914 (cell)

My motto: To serve and to be kind.

If today you plant a tree, the future will enjoy the shade.

Speak out for those who cannot speak, for the rights of all the destitute. Speak out, defend the rights of the poor and needy.

The Volcano Theatre Company
and Sterling Arts Center
are holding Open Auditions for

SILENT SKY

August 11th - September 9th
Friday and Saturday, 8 PM

BY LAUREN GUNDERSON

Directed by Amber Adams

AUDITIONS:

APRIL 29TH @ 2:00 PM & MAY 1ST @ 6:00 PM
IN THE AMPHITHEATRE

NEEDED:

FOUR FEMALES (Ages 20-50)
ONE MALE (30's)

For more information contact
Director Amber Adams at
amber35865@gmail.com
209.217.4502

2023
By Permission of Dramatists Play Service, Inc.



COMMUNITY PLANNING PROCESS

Amador County
Behavioral Health wants
to hear from you!

The Community Program Planning Process is an important way to provide input about the mental health needs in our community. We are currently seeking input now through May 31st from anyone who has an interest in mental health either working or living in Amador County.

SURVEY:

We encourage you, the people you serve, your friends, family and neighbors to complete the survey. You can access the survey by going to this link:

<https://www.surveymonkey.com/r/VDL833F>

If you need hard copies, have any questions or want to learn more, feel free to contact

Stephanie Hess at (209) 223-8308 or
shess@amadorgov.org.



Stephanie Hess <shess@amadorgov.org>

Amador Calaveras Perinatal Wellness Coalition

Nina Machado <nina@first5amador.com>

Mon, Apr 24, 2023 at 4:45 PM

To: Sasha Kristoffersen <skristoffersen@trcac.org>, "Snyder, Jane" <SnyderJ@sutterhealth.org>, Diane Hosmer <diane@mothersownmilkatters.com>, Sue Allread <sue@amadorpregnancyhelpcenter.com>, Christina Allende <allenc@sutterhealth.org>, Teri Lane <TLane@co.calaveras.ca.us>, Christa Thompson <cthompson.lcsw@outlook.com>, Stephanie Hess <shess@amadorgov.org>, Jolie Chain <jolie.chain@gmail.com>, Pat Porto <pporto@atcaa.org>, Robin Field <robinfield@icloud.com>, Sylvia Newlun <snewlun@amadorgov.org>, Marci Gallagher <mgallagher@co.calaveras.ca.us>, "Davis, Brittany" <davisb11@sutterhealth.org>, "Chelsea Yule, LCSW" <chelseayule@gmail.com>, "Paine, Janet E." <janet.paine@anthem.com>, Noelle Stroppini <noellestroppini@icloud.com>, "Martin, Jared" <jared.martin@anthem.com>, virginia Murray <ginnimurray@yahoo.com>, Jane Snyder <snyderjm30@gmail.com>, "Hosmer, Diane M" <hosmedm@sutterhealth.org>, Jennifer Beach Chambers <jbeachchambers@calvoices.org>, Tassie Earnest <t5a@first5amador.com>, PalaciH@sutterhealth.org, director@cdohope.org, Samantha Bennion <SBennion@trcac.org>, Davina Edmonson <dedmonson@amadorgov.org>, Emma Swett <eswett@nexusyfs.org>, Sara Rader-Coleman <sara.radercoleman@gmail.com>, Rochelle Sweet <rsweet@co.calaveras.ca.us>, septemberskye92@yahoo.com, Elizabeth Barcklay <elizabeth.barcklay@sutterhealth.org>, "Dalby, Desiree" <desiree.dalby@elevancehealth.com>, Lutisha Shaw <Lutisha.Shaw@cahealthwellness.com>

Good afternoon.

Below is the information for tomorrow's meeting.

We would like to discuss updates regarding current and new programs for families as well as schedule an in-person meeting where we can celebrate our successes over the last several years and discuss opportunities for improving our system.

I have attached our original action plan(s) so that we can decide how best to review. It would be wonderful to see everyone in person. First 5 would be happy to host a lunch meeting!

Thank you again for all you do.

Nina

Please don't forget to complete (and share) the Mental Health Services Act survey -- thank you!

We encourage you, the people you serve, your friends, family and neighbors to complete the survey. You can access the survey by going to this link:

<https://www.surveymonkey.com/r/YDL633F>

First 5 Amador is inviting you to a scheduled Zoom meeting.

Topic: Amador / Calaveras Perinatal Wellness Coalition

Time: Apr 25, 2023 11:30 AM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/81592058547?pwd=OWMzNngxUVNTN1dxVUJWanJNaEYzdz09>

Meeting ID: 815 9205 8547

Passcode: 499372

One tap mobile

+16699006833,,81592058547#,,,,*499372# US (San Jose)

+16694449171,,81592058547#,,,,*499372# US

Dial by your location

+1 669 900 6833 US (San Jose)

+1 669 444 9171 US

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 719 359 4580 US

+1 253 205 0468 US

+1 305 224 1968 US

+1 309 205 3325 US

- +1 312 626 6799 US (Chicago)
- +1 360 209 5623 US
- +1 386 347 5053 US
- +1 507 473 4847 US
- +1 564 217 2000 US
- +1 646 931 3860 US
- +1 689 278 1000 US
- +1 929 205 6099 US (New York)
- +1 301 715 8592 US (Washington DC)





Meeting ID: 815 9205 8547

Passcode: 499372

Find your local number: <https://us06web.zoom.us/j/81592058547>

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4 attachments

-  **Action Plan - ACPWC Community Awareness & Education-6-16.doc**
861K
-  **Action Plan - ACPWC Professional Development-1.doc**
91K
-  **Action Plan - ACPWC Screening and Referral_6-16.doc**
94K
-  **prenatal_screening_algorithm_10-15.pdf**
152K



Stephanie Hess <shess@amadorgov.org>

Fwd: ♥♥ Amador County Behavioral Health seeking community input

Nina Machado <nina@first5amador.com>
To: Stephanie Hess <shess@amadorgov.org>

Tue, Apr 25, 2023 at 3:52 PM

Hi Stephanie.

For your records. The email below went out to all child care providers / preschool teachers we have in our contact list. Also, in lieu of another activity kit for parents (since the most recent provided mental health-related activities and books), we are providing seed packets for butterfly gardens with a message about gardening and mindfulness printed on the packets. We will also incorporate the crayons with the green ribbon and labyrinth printouts, etc. from Sierra Wind for families attending our events and child care providers at the workshop in May.

Go team!
Best,
Nina

Nina Machado
First 5 Amador
Executive Director
209.257.1092
P.O. Box 815
Jackson, CA 95642

----- Forwarded message -----

From: Shannon Puente <q4k@first5amador.com>
Date: Tue, Apr 25, 2023 at 3:38 PM
Subject: ♥♥ Amador County Behavioral Health seeking community input
To: Shannon Puente <q4k@first5amador.com>

Good Afternoon,

The Amador County Behavioral Health Dept. is seeking community input for the Community Program Planning Process as part of the Mental Health Services Act (MHSA).

♥♥ There is an online Community Survey - you can access the survey here: <https://www.surveymonkey.com/r/YDL633F> or if you prefer a paper copy, please see the attached survey below.

Drawing for completing the survey

Childcare providers who complete the survey will be entered into a drawing. All you need to participate and be entered into the drawing is to do the following:

1. complete the online or paper survey
2. email Shannon at q4k@first5amador.com to let her know that you have completed the survey.
3. you will be entered into the drawing.

Thank You,
Shannon Puente
First 5 Amador
Early Learning Coordinator
209-257-1092
q4K@first5amador.com



CPPP Community Survey (1).pdf

88K



COMMUNITY
PLANNING
PROCESS

Amador County
Behavioral Health wants
to hear from you

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Survey:

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If you need hard copies, have any questions or want to learn more, feel free to contact

Stephanie Hess at (209) 223-6306 or shess@amador.gov.



Mother Lode Cruise

CLASSIC CARS
WANTED

VENDORS
WANTED

2023
Presented by
AMADOR COUNTY
Chamber
of Commerce

Mother Lode Cruise

Music, Raffle
& More

9am - 4pm
Saturday, May 20, 2023

Historic Main Street - Jackson

Cars & Trucks 1970's and older

ART &
CRAFT SHOW

Presented by the

Amador County Chamber of Commerce

Rain or Shine • Limit 200 entries

a benefit for Exercise of Amador & Calaveras & Tri County Wildlife Care

Free Entry
For the
Whole Family



FOR MORE INFORMATION, VISIT OUR WEBSITE OR CONTACT US AT (209) 223-6306

Presented by
AMADOR COUNTY
Chamber
of Commerce

CAR SHOW: Pre-registration entry fee received by May 1, 2023: \$35.
Entry fee at the door (sponsor included): \$40.
The registration online at tombadourchamber.com. \$35 (includes online fee).
VENDOR BOOTHS: \$10 per space plus a table price minimum.
For more information, call the Chamber office at 209-222-0350.



Stephanie Hess <shess@amadorgov.org>

You're Invited! MHSA Focus Group -- May 31st @ 8:00 a.m.

2 messages

Stephanie Hess <shess@amadorgov.org>

Fri, Apr 28, 2023 at 11:00 AM

To: Amy Hixson <ahixson@amadorgov.org>, Angie Grau <agrau@amadorgov.org>, Jabeen Hayat <jhayat@amadorgov.org>, Juan Arguello <jarguello@amadorgov.org>, Margie Potter <mpotter@amadorgov.org>, Melissa Cranfill <mcranfill@amadorgov.org>, Nenad Stojic <nstojic@amadorgov.org>, Pamela Burris <pburris@amadorgov.org>, Sylvia Newlun <snewlun@amadorgov.org>, Tamara Garner <tgarner@amadorgov.org>, Teresa Boerio <tboerio@amadorgov.org>, Gail Abbott <gabbott@amadorgov.org>, Karen Vaughn <kvaughn@amadorgov.org>, Lisa Raimondo <lraimondo@amadorgov.org>, Jacquelyn Mitchell <jmitchell@amadorgov.org>, Bill Withers <wwithers@amadorgov.org>, Kayla Masterson <kmasterson@amadorgov.org>, James Burke <jburke@amadorgov.org>, Monica Perez <mperez@amadorgov.org>, Rebekah Hoskins <rhoskins@amadorgov.org>, Lindsay Parks <lparks@amadorgov.org>, Emily Bertram <ebertram@amadorgov.org>, Erin Doyle-Keller <edoyle-keller@amadorgov.org>, Stephanie Alcantar <salcantar@amadorgov.org>, Raechel Razzano <rrazzano@amadorgov.org>, Jared Noble <jnoble@amadorgov.org>, Stephanie Barrett-Swisher <sbarrettswisher@amadorgov.org>, Julie Kramer <jkramer@amadorgov.org>, Patricia Brush <pbrush@amadorgov.org>

Good Morning,

You are all invited to attend a focus group discussion around the MHSA and Behavioral Health Services in Amador County. The focus group will take place on **May 31st at 8:00 a.m.** We will be meeting in-person in Group Room B. This focus group is specific to ACBH Staff and will be a forum for you to have a meaningful discussion about what is working, what's not, where the needs lie and more. Attendance is voluntary, however, you are highly encouraged to participate so that we are able to ascertain the feedback from the people actually doing the work!

If you have any questions, please let me know. We hope to see you there!

Thank you!

Stephanie Hess

Pronouns: she, her, hers

MHSA Programs Coordinator

Amador County Behavioral Health Services

(209) 223-6308

shess@amadorgov.org

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Gail Abbott <gabbott@amadorgov.org>

Mon, May 1, 2023 at 8:41 AM

To: Stephanie Hess <shess@amadorgov.org>

Thank you Stephanie!

Gail Abbott

Peer Personal Services Coordinator

Mobile Support Team

Amador County Behavioral Health

10877 Conductor Blvd., Suite 300

Sutter Creek, CA 95685

(209) 223-6843

gabbott@amadorgov.org

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Stephanie Hess <shess@amadorgov.org>

Notice of General Meeting on May 23, 2023

Shilpa Rasmusson <shilparasmusson@gmail.com>

Wed, May 3, 2023 at 11:44 AM

To: Shilpa Rasmusson <shilparasmusson@gmail.com>

Cc: Joelle Miller <7joelle@gmail.com>, billsvalley@gmail.com, cdaubenmire@gmail.com, christensen668@sbcglobal.net, "D. England" <dengland@volcano.net>, gailss@comcast.net, Sandy <garsancyn@volcano.net>, hibbylw1959@gmail.com, katherinegha@gmail.com, Ken Baldwin <kbaldwin57@comcast.net>, mamgalino@yahoo.com, nfulton4488@gmail.com, onemilton@aol.com, rsbhorn@volcano.net, seasons_4@hotmail.com, Robin Susoeff <setitester@yahoo.com>, Stacey Larson <slarson@atcaa.org>, Andy Rodriguez & Terri Works <terriworks@me.com>, Debra Kempker <dkempker@calvoices.org>, Cole Giurlani <cole_giurlani@hotmail.com>, Suzanne Muller <ladyzango@gmail.com>

Bcc: SHess@amadorgov.org

Dear members,

I am hoping you are all enjoying the beginning of this month of May (so named because it **may** be raining, it **may** be sunny, it **may** be snowing or it **may** actually be spring! ☺)!!

I am delighted to announce that we are collaborating with Amador County Behavioral Health Services (ACBHS) for a focus group for the MHSA Community Program Planning Process at our next in person General Meeting at 5.30 pm on Tuesday May 23rd, 2023 at the same venue (Margaret Dalton Center) in Jackson.

If you have ever felt the need for a resource that is lacking here in our county for mental health support and want to express it, this is your opportunity. Even if you are fortunate enough to not have felt the need, but are able to see a need in the mental health field, ACBHS would really like your input.

One of the lessons life has taught me is that if there is something I don't like in my life, either I do something to change it, or I accept it without complaining. It is one of the reasons I volunteer with NAMI Amador. Well, here is our opportunity to make a change for the positive in our community, by sharing our experience with ACBHS so we can help them provide us more of what we need.

Please make use of this wonderful opportunity.

I have attached the flyer which has all the details. For more details about the focus group and what it will cover, please call Stephanie Hess at ACBHS (209) 223-6308, or email her at shess@amadorgov.org

I am really looking forward to seeing more of you at our General Meeting this month.

Warmest regards,
Shilpa Rasmusson
Secretary
NAMI Amador

NAMI Focus Group Flyer.pdf
21117K