ATTACHMENT 'G'

EVIDENCE OF

30-DAY PUBLIC REVIEW PERIOD, COMMENTS

& PUBLIC HEARING



Stephanie Hess <shess@amadorgov.org>

MHSA Three-Year Plan & Expenditure Report

Stephanie Hess <shess@amadorgov.org> Mon, Aug 21, 2023 at 9:39 AM Bcc: Amy Hixson <ahixson@amadorgov.org>, Angie Grau <agrau@amadorgov.org>, Jabeen Hayat <ihayat@amadorgov.org>, Juan Arguello <jarguello@amadorgov.org>, Margie Potter <mpotter@amadorgov.org>, Melissa Cranfill <mcranfill@amadorgov.org>, Nenad Stojic <nstojic@amadorgov.org>, Sylvia Newlun <snewlun@amadorgov.org>, Tamara Garner <tgarner@amadorgov.org>, Teresa Boerio <tboerio@amadorgov.org>, Gail Abbott <gabbott@amadorgov.org>, Karen Vaughn <kvaughn@amadorgov.org>, Jacquelyn Mitchell <imitchell@amadorgov.org>, Bill Withers <wwithers@amadorgov.org>, Kayla Masterson <kmasterson@amadorgov.org>, James Burke <jburke@amadorgov.org>, Monica Perez <mperez@amadorgov.org>, Rebekah Hoskins <rhoskins@amadorgov.org>, <salcantar@amadorgov.org>, Raechel Razzano <rrazzano@amadorgov.org>, Jared Noble <inoble@amadorgov.org>, Stephanie Barrett-Swisher <sbarrettswisher@amadorgov.org>, Julie Kramer <jkramer@amadorgov.org>, Patricia Brush <pbrush@amadorgov.org>, Erica Malaspino <emalaspino@amadorgov.org>, Alexsandra Verduzco <averduzco@amadorgov.org>, Katrina Ozier <tozier@calvoices.org>, Trixxie Smith <tsmith@calvoices.org>, Keith Persons <kpersons@calvoices.org>, Debra Kempker <dkempker@calvoices.org>, Thelma Carver <tcarver@calvoices.org>, Stacey Larson <slarson@atcaa.org>, Shilpa Rasmusson <shilparasmusson@gmail.com>, Suzanne Muller <ladyzango@gmail.com>, "Chelsea Yule, LCSW" <chelseayule@gmail.com>, Jennifer Beach Chambers <jbeachchambers@calvoices.org>, Nina Machado <nina@first5amador.com>, Lori Halvorson <lhalvorson@nexusyfs.org>, Tara Parker <tparker@nexusyfs.org>, Stephen Hartmann <shartmann@nexusyfs.org>, Emma Swett <eswett@nexusyfs.org>, Sheri Noble <SNoble@trcac.org>, Danelle Bohall dbohall@trcac.org, Chris Kalton chris@amadorseniorcenter.org, Alyssa Vargas <alyssa@amadorseniorcenter.org>, Rachelle Saldate <rachelle@amadorcollegeconnect.org>, Sarina Castle <sarinacastle@gmail.com>, Pat Porto <pporto@atcaa.org>, Nichole Mulford <nichole@vvvets.org>, "WHALEN, TIM" <tim.whalen@va.gov>, "Meredith, Cassandra N. (she/her/hers)" <Cassandra.Meredith@va.gov>, Erica Brown <ebrown@afsp.org>, Ken and Ellen Baldwin kbaldwin57@comcast.net>, Steve Christensen <christensen668@sbcglobal.net>, Frank Axe <faxe@amadorgov.org>, John Murphy <jmurphy0729@aol.com>, Tyx Pulskamp <tyxpulskamp@gmail.com>, Jolie Chain <jolie.chain@gmail.com>, Meghan O'Keefe <meghan.amadorarts@gmail.com>, Lurali Moore <lmoore@arcofamador.org>, Karyn Gregorius <kgregorius@arcofamador.org>, thomas denney <tdeesign@msn.com>, Gary Redman <gredman@amadorgov.org>, "Cureton, Michael R." <Michael.Cureton@sutterhealth.org>, "Beaufore, Kristi" <Kristi.Beaufore@sutterhealth.org>, Jorge Espiritu <jespiritu@nexusyfs.org>, "Mark E. Smith" <mark80smith@gmail.com>, Chris McCoy <cmccoy@area12.org>, Christian Tucker <ctucker@amadorgov.org>, Leo Marroquin <lmarroquin@area12.org>, Jarret Benov <jbenov@amadorgov.org>, Ashley Harris <hashley.harris@gmail.com>, Ashley Carnicello <ashley@operationcare.org>, Tammie Crabtree <tammie@operationcare.org>, Cheri Cunningham <ccunningham@atcaa.org>, Amanda Avila <aavila@acusd.org>, michelle.pechette@acusd.org, Ben Avey <bavey@wellspacehealth.org>

Hello,

Amador County Behavioral Health Services (ACBH) is pleased to announce the release of Amador County's Mental Health Services Act (MHSA) Three-Year Plan and Expenditure Report for Fiscal Years 2023-24, 2024-25 and 2025-26. This Plan is based on statutory requirements, a review of community planning over the past several years, and extensive, recent, stakeholder input.

ACBH is seeking comment on this Plan during a 30-day public review period between August 21st and September 20th, 2023.

A copy of the Plan may be found by accessing the following:

- Amador Network of Care: https://amador.networkofcare.org/mh/content.aspx? id=1387U Not posted yet, still waiting for Network of Care to upload it, but will be available soon!
- Hard copies will be available at the Behavioral Health Services front desk.
- You may also request a copy by contacting Stephanie Hess at 209-223-6308 or shess@amadorgov.org

The Plan, along with its attachments are also attached to this email.

A Public Hearing regarding this Plan will be held during the Amador County Behavioral Health Advisory Board meeting on September 20th at 3:30 pm. The meeting will be held at the following location:

Health & Human Services Building Conference Room A 10877 Conductor Blvd. Sutter Creek, CA 95685

All comments regarding this MHSA Three-Year Plan and Expenditure Report may be directed to Stephanie Hess, Mental Health Services Act Programs Coordinator, via email at shess@amadorgov.org or by calling 209-223-6308 during the 30-day public review period.

Thank you for your ongoing interest in the Mental Health Services Act.

Stephanie Hess Pronouns: she, her, hers MHSA Programs Coordinator Amador County Behavioral Health Services (209) 223-6308 shess@amadorgov.org

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9 attachments

- MHSA 3YP 23-26 PUBLIC COMMENT REVIEW.pdf 2378K
- Attachment A -Capacity Overview MH Need Analysis Workforce Needs Assmt.pdf 1142K
- Attachment B CPPP Evidence Prt. 3.pdf
- Attachment C 2023 Responses.pdf 1608K
- Attachment B CPPP Evidence Prt. 2.pdf
- Attachment B CPPP Evidence Prt. 1.pdf
- Attachment D PEI Annual Report.pdf 1884K
- Attachment E Annual INN Update.pdf 658K
- Attachment F Proposed INN Project.pdf



KVGC 96.5 FM 1340 AM P.O. BOX 609 JACKSON, CA. 95642 209-223-1340

KVGC Invoice

Invoice ID: 23080085 Invoice Date: 8/31/2023 Account ID: 0932 0932-035 Order ID:

Account Rep: MIKE MESEROLE

Amount Due: \$300.00

Amount Paid:

AMADOR COUNTY BEHAVIORAL HEALTH 10877 CONDUCTOR BLVD. SUTTER CREEK, CA 95685

Sponsor: AMADOR COUNTY BEHAVIORAL HEALTH SERVICES AMADOR COUNTY BEHAVIORAL HEALTH SERVICES

Page 1

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Date	Description	Times			Cost
8/22/2023	:30 Spot	08:06 AM	05:30 PM		[Package]
8/23/2023	:30 Spot	07:15 AM			[Package]
8/24/2023	:30 Spot	07:02 AM	06:45 PM		[Package]
8/25/2023	:30 Spot	10:45 AM			[Package]
8/28/2023	:30 Spot	06:03 AM	04:30 PM		[Package]
8/29/2023	:30 Spot	12:03 PM			[Package]
8/30/2023	:30 Spot	09:45 AM	03:46 PM		[Package]
8/31/2023 8/31/2023	:30 Spot Package	08:45 AM			[Package] 300.00
	12 Total Items			Total Cost:	300.00

12 Total Items Total Cost:

Amount Due:

300.00

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KVGC 96.5 FM - 1340 AM Statement of Account

Account ID: 0932 Statement Date: 8/31/2023

Account Rep: MIKE MESEROLE

Please Pay This Amount \$300.00

Amount Paid:

AMADOR COUNTY BEHAVIORAL HEALTH 10877 CONDUCTOR BLVD. SUTTER CREEK, CA 95685

Sponsor AMADOR COUNTY BEHAVIORAL HEALTH SERVICES

Page 1

Reference	Date	Туре	Description	Amount	Balance
23070035	7/31/2023	INV	Invoice: KVGC 0932-034 AMADOR COUNTY BEHAVIORAL HEALTH SERVICES [1-Amador Fair Facts]	200.00	
23080075	8/31/2023	PMT	-Payment Check 11424155 on Inv 23070035 AMADOR COUNTY BEHAVIORAL HEALT	-200.00	0.00
23080085	8/31/2023	INV	Invoice: KVGC 0932-035 AMADOR COUNTY BEHAVIORAL HEALTH SERVICES [1-Package / 12-:30 Spots]	300.00	300.00

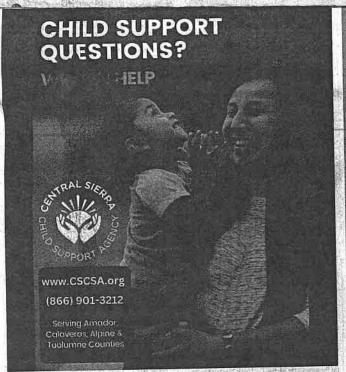
Statement Total:

300.00

Please Pay This Amount

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Current	31-60 Days	61-90 Days	91-120 Days	121+ Days	Total Due
300.00					300.00



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https://amador.networkofcare.otg/mh/content.aspx?id=1387U

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Results Driven

Russell Robinson
Realtor - BRE #01773505
209-304-3156

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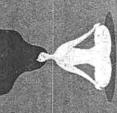
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or by calling 209-223-6308 during the 30-day public review period. Thank you for your ongoing interest in the Mental Health Services Act.



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*Amador Network of Care

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209-267-8080

amadorwoodfloorrefinishing.com

Lic #797226



Stephanie Hess <shess@amadorgov.org>

ACBHAB meeting

3 messages

Frank Axe <faxe@amadorgov.org>

Wed, Sep 13, 2023 at 3:18 PM

To: Jeff Brown <jeffbrown@amadorgov.org>, Steve Christensen <christensen688@sbcglobal.net>, Jolie Chain <jolie.chain@gmail.com>, Jarret Benov <jbenov@amadorgov.org>, Melissa Cranfill <mcranfill@amadorgov.org>, Lynn <ladairmorgan@gmail.com>, Frank Axe <faxe@amadorgov.org>, John Murphy <jmurphy0729@aol.com>, Heather Mayfield <heather@amadorpregnancyhelpcenter.com>, Krista Sweet <kristaesweet@icloud.com>, Ashley Harris <aharris105@student.cccd.edu>, Tyx Pulskamp <tyxpulskamp@gmail.com>, Denise Cloward <dcloward@atcaa.org>, Katrina Ozier <tozier@calvoices.org>, rklotz@amadorcourt.org, marianneakerland@me.com, meg newell <megnewell@mac.com>, Trixxie Smith <tsmith@calvoices.org>, Pat Porto <pporto@atcaa.org>, clerkoftheboard@amadorgov.org, Heather Peek <hpeek@amadorgov.org>, Ashley Carnicello <ashley@operationcare.org>, Christie Gonzales <cgonzales@wellspacehealth.org>, Debbi Kempker <debbikempker@gmail.com>, Jolie Chain <joliechain@gmail.com>, Todd Riebe <triebe@co.amador.ca.us>, Joe Bors <jbors@atcaa.org>, ssd@kitcarsonnr.com, terriworks@me.com, James Burke <jburke@amadorgov.org>, Jennifer Burns <jburns@amadorgov.org>, torie.gibson@acusd.org, 7joelle@gmail.com, Tammie Crabtree <tammie@operationcare.org>, Nina Machado <nina@first5amador.com>, Sean Snider <ssnider@acusd.org>, Gary Redman <gredman@amadorgov.org>, Todd Riebe <triebe@amadorgov.org>, Lori Halvorson <ladescent classes and contenses and c

Hi ACBHAB Members,

Please find attached the agenda and minutes for our board meeting next Wednesday September 13th at 3:30pm. This meeting includes the annual MHSA 3-year Plan Report. So this is an important meeting for all board members to attend.

I hope to see you all there.

Thank you,

Frank

Frank Axe Supervisor, District 4 810 Court St. Jackson, CA 95642-2132 (209) 223-6494 (office) (209) 210-7516 (cell)

2 attachments



ACBHAB Agenda 9-20-23.pdf 463K



acbhab minutes 7-19-23.pdf 601K

Frank Axe <faxe@amadorgov.org>

Wed, Sep 13, 2023 at 4:38 PM

To: Jeff Brown <jeffbrown@amadorgov.org>, Steve Christensen <christensen668@sbcglobal.net>, Jolie Chain <jolie.chain@gmail.com>, Jarret Benov <jbenov@amadorgov.org>, Melissa Cranfill <mcranfill@amadorgov.org>, Lynn <ladairmorgan@gmail.com>, Frank Axe <faxe@amadorgov.org>, John Murphy <jmurphy0729@aol.com>, Heather Mayfield <heather@amadorpregnancyhelpcenter.com>, Krista Sweet <kristaesweet@icloud.com>, Ashley Harris <aharris105@student.cccd.edu>, Tyx Pulskamp <tyxpulskamp@gmail.com>, Denise Cloward <dcloward@atcaa.org>, Katrina Ozier <tozier@calvoices.org>, rklotz@amadorcourt.org, marianneakerland@me.com, meg newell <megnewell@mac.com>, Trixxie Smith <tsmith@calvoices.org>, Pat Porto <pporto@atcaa.org>, clerkoftheboard@amadorgov.org, Heather Peek <hpeek@amadorgov.org>, Ashley Carnicello <ashley@operationcare.org>, Christie Gonzales <cgonzales@wellspacehealth.org>, Debbi Kempker <debbikempker@gmail.com>, Jolie Chain <joliechain@gmail.com>, Todd Riebe <triebe@co.amador.ca.us>, Joe Bors <jbors@atcaa.org>, ssd@kitcarsonnr.com.

terriworks@me.com, James Burke <jburke@amadorgov.org>, Jennifer Burns <jburns@amadorgov.org>, rday@amadorcourt.org, Nichole Mulford <nichole@vvvets.org>, Stephanie Hess <shess@amadorgov.org>, torie.gibson@acusd.org, 7joelle@gmail.com, Tammie Crabtree <tammie@operationcare.org>, Nina Machado <nina@first5amador.com>, Sean Snider <ssnider@acusd.org>, Gary Redman <gredman@amadorgov.org>, Todd Riebe <triebe@amadorgov.org>, Lori Halvorson Ihalvorson@nexusyfs.org>, Emma Swett <eswett@nexusyfs.org>

My apologies. The date in my email should have been Wednesday September 20th which is next week.

Frank

[Quoted text hidden]

Stephanie Hess <shess@amadorgov.org>

Thu, Sep 14, 2023 at 9:34 AM

To: Frank Axe <faxe@amadorgov.org>

Cc: Jeff Brown <jeffbrown@amadorgov.org>, Steve Christensen <christensen668@sbcglobal.net>, Jolie Chain <jolie.chain@gmail.com>, Jarret Benov <jbenov@amadorgov.org>, Melissa Cranfill <mcranfill@amadorgov.org>, Lynn <ladairmorgan@gmail.com>, John Murphy <jmurphy0729@aol.com>, Heather Mayfield <heather@amadorpregnancyhelpcenter.com>, Krista Sweet <kristaesweet@icloud.com>, Ashley Harris <aharris105@student.cccd.edu>, Tyx Pulskamp <tyxpulskamp@gmail.com>, Denise Cloward <dcloward@atcaa.org>, Katrina Ozier <tozier@calvoices.org>, rklotz@amadorcourt.org, marianneakerland@me.com, meg newell <megnewell@mac.com>, Trixxie Smith <tsmith@calvoices.org>, Pat Porto <pporto@atcaa.org>, clerkoftheboard@amadorgov.org, Heather Peek <hpeek@amadorgov.org>, Ashley Carnicello <ashley@operationcare.org>, Christie Gonzales <cgonzales@wellspacehealth.org>, Debbi Kempker <debbikempker@gmail.com>, Jolie Chain <joliechain@gmail.com>, Todd Riebe <triebe@co.amador.ca.us>, Joe Bors <jbors@atcaa.org>, ssd@kitcarsonnr.com, terriworks@me.com, James Burke <jburke@amadorgov.org>, Jennifer Burns <jburns@amadorgov.org>, rday@amadorgov.org>, Toiele@gmail.com, Tammie Crabtree <tammie@operationcare.org>, Nina Machado <nina@first5amador.com>, Sean Snider <ssnider@acusd.org>, Gary Redman <gredman@amadorgov.org>, Todd Riebe <triebe@amadorgov.org>, Lori Halvorson lhalvorson@nexusyfs.org>, Emma Swett <eswett@nexusyfs.org>

Hello,

Attached is the 3 Year Plan, along with the attachments. Copies of the 3 Year Plan will be provided at the ACBHAB meeting next week, however, due to the voluminous nature of the entire plan, the attachments will not be provided. If you would like a complete copy of the draft 3 Year Plan, along with attachments, please let me know. You can also access the 3 Year Plan, here: https://amador.networkofcare.org/mh/content.aspx?id=1387

Please reach out to me directly if you have any questions or comments regarding the 3 Year Plan. We look forward to sharing the details oft the 3 Year Plan with you next Wednesday.

Thank you,

Stephanie Hess
Pronouns: she, her, hers
MHSA Programs Coordinator
Amador County Behavioral Health Services
(209) 223-6308
shess@amadorgov.org

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9 attachments

MHSA 3YP 23-26 PUBLIC COMMENT REVIEW.pdf 2378K

Attachment A -Capacity Overview - MH Need Analysis - Workforce Needs Assmt.pdf
1142K

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- Attachment F Proposed INN Project.pdf 1798K

County of Amador Behavioral Health Advisory Board Wednesday September 20, 2023 3:30-5:00 PM

Health and Human Services Building 10877 Conductor Blvd Sutter Creek, CA 95685 Conference Room A

1	Call to	order -	- Steve	Christensen	- Chair
	Call Lu	Uluci	JILLYL	CHILISTELISCH	CHAI

Establish quorum

II. Governance Orientation for All Members and Guests

- A. Current Roster is 9 (need min. 20% individual or family consumers)
- B. WIC code 5600.1 Mission Statement online
- C. WIC code 5604.2 Eight Responsibilities of the Board online
- D. Amador County BHAB By-laws

III. Non-Agendized Public Comment

Discussion items only. No action to be taken. Any person may address the Board at this time upon any subject within the jurisdiction of the ACBHAB. However, any matter that requires action may be referred to staff and/or a board member for a report and recommendation for possible action at a subsequent Board meeting. Please note that there is a **3 minute time limit for each item**.

IV. Meeting Minutes past Meeting (5 min) (attachment to e-mails)

Minutes from July 19, 2023

Corrections, additions, deletions Motion:

Second Yes_ No_ ABS_

V. Amador County's Mental Health Services Act (MHSA) Three-Year Plan and Expenditure Report for Fiscal Years 2023-24, 2024-25 and 2025-26. (40 min)

This Plan is based on statutory requirements, a review of community planning over the past several years, and extensive, recent, stakeholder input. ACBH is seeking comment on this Plan during a 30-day public review period between August 21st and September 20th, 2023.

Discussion & Action

VI. Committee Reports (30 min)

- a) Behavioral Health Melissa Cranfill
- b) Mental Health Services Act (MHSA) Stephanie Hess
- c) Student Wellness

Information and Discussion

VII. Future Agenda Items (5 min)

Discussion

VII. Adjournment

Next meeting November 15, 2023

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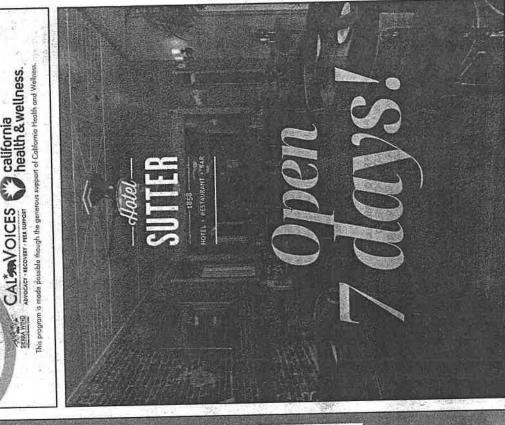
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County of Amador Behavioral Health Advisory Board Wednesday September 20, 2023 3:30-5:00 PM

Health and Human Services Building 10877 Conductor Blvd Sutter Creek, CA 95685 Conference Room A

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VII. Adjournment

Next meeting November 15, 2023

Amador Behavioral Health Advisory Board Meeting

09.20.2023

Attendees

Supervisor Frank Ace, (SFA), Board Member

Steve Christianson, Chair, (SC)

Jolie Chain, Board Member, (JC)

Stephanie Hess, ACBH, (SH)

James Burke, ACBH, (JB)

John Murphy, Board Member, (JM)

Trixie Smith, CalVoices, (TS)

Amanda Robinson, (AR)

Tyx Pulskamp, Board Member, (TP)

Nina Machado, First 5, (NM)

Amanda Avila, School, (AA)

Stacy Larson, NAMi, (SL)

Stephen Hartmann, Nexus, (SHa)

Ashley Harris, ACBHAB Recorder, (AH)

Agenda

Last Meeting Follow-up

- 1. Establish Quorum
 - o 3:35 pm
- 2. Governance Orientation for All Members and Guests
 - A. Current Roster is 8 (need min. 20% individual or family consumers)

- o B. WIC code 5600,1 Mission Statement -online
- C. WIC code 5604.2 Eight Responsibilities of the Board -online
- o D. Amador County BHAB By-laws -recent change
- 3. Non-Agendized Public Comment
- 4. Meeting Minutes past Meeting (5 min) (attachment to e-mails)
 - Unanimous (Yes)
- 5. Amador County's Mental Health Services Act 3 year Plan
- 6. Adjournment
 - o 4:50 pm

New Business

- 5. ACMHSA 3 year Plan
- 1. Community Program Planning Results MHSA 2023
- 2. Overview of FY 23-26 MHSA Three-Year Plan
- 3. Reporting Requirements per Welfare and Institutions Code Sections 5848 and 5847
- 4. Progress in Community Services and Supports (CSS)
- 5. Intergovernmental Transfers (IGTs) and Behavioral Health Payment Reform
- 6. Higher Level of Care and MHSA Fund Utilization
- 7. MHSA Housing Program and Activities
- 8-29. Review of Service Outcomes
- 30. Review of Methods Used to Measure Non-Stigmatizing and Non-Discriminatory Strategies
- 31. Annual Update on MHSA Achievements & Outcomes
- 32. Current Innovations Programs & Updates
- 33. Workforce Recruitment & Retention Strategies Pending Innovations Project
- 34. Workforce Education and Training (WET)
- 35. College Foundation or Amador College Connect
- 36. Capital Facilities and Technology (CFT)

Notes

1. The meeting commenced with a discussion of the results from the Community Program Planning (CPP) process conducted for the Mental Health Services Act (MHSA) in 2023. The CPP process involved virtual and in-person focus groups and a community survey, with

extensive outreach and advertising efforts. Due to the volume of responses, detailed results were provided as attachments for review.

- 2. An overview of the FY 23-26 MHSA Three-Year Plan was presented. The plan's components include Community Services and Supports (CSS), Housing, Prevention and Early Intervention (PEI), Innovation (INN), Workforce Education and Training (WET), Capital Facilities and Technological Needs (CF/TN), and the Prudent Reserve (PR).
- 3. It was noted that reporting requirements, as per Welfare and Institutions Code Sections 5848 and 5847, include tracking performance outcomes related to MHSA components and submitting budgets reflecting unspent funds and projected expenditures for the next three fiscal years.
- 4. Progress in the Community Services and Supports (CSS) component was discussed, including the Mobile Support Team, the MomCHAT program, and the expansion of therapeutic groups. Identified areas of need included enhancing support for the unhoused community and adults with severe mental illness.
- 5. The meeting addressed the use of Intergovernmental Transfers (IGTs) in compliance with the CalAIM Behavioral Health Payment Reform initiative, which requires counties to use MHSA funds for the non-federal portion of services provided.
- 6. Discussion revolved around providing a higher level of care for individuals who need services not available within Amador County, with stakeholders indicating support for utilizing MHSA funds when appropriate.
- 7. The MHSA Housing Program and Activities were highlighted, with an emphasis on utilizing funds for housing outreach and support, especially for those facing homelessness or housing challenges with mental health conditions.

8. MHSA Housing Program & Activities

- The meeting continued with a discussion of funding allocation to support No Place Like Home (NPLH) efforts, including assistance from Housing Tools, emergency housing and shelter options, and outreach to unhoused individuals. In FY22/23, a total of \$20,976 was expended in MHSA Housing Program & Activities.

9. No Place Like Home (NPLH) Program

- An update on the No Place Like Home (NPLH) program was provided. NPLH is dedicated to developing permanent supportive housing for individuals experiencing homelessness with serious mental health conditions. ACBH has been working with Housing Tools and The Danco Group to secure funding and site control for NPLH projects. Construction is scheduled to start in spring 2024.

10. Behavioral Health Bridge Housing (BHBH)

- ACBH and Danco applied for NPLH funds to build an apartment complex for individuals with behavioral health needs, including supportive services for a minimum of twenty years. ACBH was awarded approximately \$8 million in NPLH funds. Updates on BHBH will continue to be provided at various community meetings.

11. Current Funded Programs

- ACBH highlighted core services provided under the Community Services and Supports (CSS) component, including the Full Service Partnership Program, the Mobile Support Team, peer-run wellness centers, family support, and maternal mental health programs. Details on each program's average numbers served and projected costs were presented.

12. ACBH Full Service Partnership (FSP) Program

- The Full Service Partnership Program, a key component of CSS, focuses on providing an integrated system of care to individuals with serious mental illness. The program aims to offer support and prevent hospitalizations. In FY22/23, the program expanded to include crisis support for those unable to stabilize without wraparound support.

13. ACBH Mobile Support Team

- The Mobile Support Team was introduced as a response to the need for increased crisis stabilization and support. It provides field-based assessments and support, including peer-based services. The team has expanded its role to engage with homeless individuals and provide services during traumatic events.

14. Peer Personal Services Coordinators

- Two Peer Personal Services Coordinators were discussed, who offer support, advocacy, and access and linkage to individuals with lived experience of mental illness. They conduct outreach, provide resources, and play various roles within ACBH.

- 15. MomCHAT Wellness Team: The team includes a peer navigator and a licensed or registered mental health therapist. The program provides support to individuals between 0 and 28 weeks of pregnancy, who are residents of Amador County. Its goal is to provide mental health services and support to high-risk mothers, reduce prenatal and postnatal stress, and offer sustainable support for families.
- 16. Prevention and Early Intervention (PEI): PEI programs in Amador County focus on preventing mental health issues and providing early intervention. These programs target various populations, including children, youth, adults, older adults, and specific communities such as the LGBTQ+ community.
- 17. Collection of SO/GI Data: Amador County Behavioral Health collects Sexual Orientation and Gender Identity (SO/GI) data through surveys to program participants to better understand and serve the LGBTQ+ community.
- 18. Compliance with SB 1004: All PEI programs are required to comply with SB 1004, which outlines priorities for mental health services, including childhood trauma prevention, early psychosis detection, youth outreach, cultural competence, older adults, and early identification of mental health symptoms.
- 19. Suicide Prevention Efforts: Amador County has been addressing its higher-than-average suicide rate with various initiatives. These include gatekeeper training (QPR), mental health emergency intervention (QPR), and the annual "Tools for Tomorrow" event, which raises awareness of suicide prevention through art and community engagement.
- 20. Amador SPEAKS: The county has established Amador SPEAKS, a suicide prevention coalition, to bring together stakeholders, agencies, and community members to work on suicide prevention strategies, education, and awareness.
- 21. Amador SPEAKS Updates: Amador SPEAKS continues to provide updates to the Amador County Board of Supervisors about coalition activities, data, and more. The coalition remains dedicated to discussing suicide prevention, education, and awareness in the county.
- 22. Suicide Prevention Budget and Projections: The budget for suicide prevention efforts includes outreach materials, training, and approved activities. In FY 22/23, approximately 6,700 people were reached through direct or indirect outreach related to suicide prevention and awareness.
- 23. Labyrinth Stress Reduction Project: This project utilizes the Labyrinth healing modality to increase recognition of early signs of mental illness and reduce stress. It targets isolated, rural parts of Amador County and underserved communities, including LGBTQ+ communities. The project reached 89 individuals in FY 22/23.

- 24. LGBTQ+ Support Services: This program offers social support groups, one-on-one peer support, linkage, referral services, and recovery planning for the LGBTQ+ community in Amador County. It aims to reduce mental health risk factors and improve emotional and relational functioning. The program served 36 participants in FY 22/23.
- 25. First 5 Amador Access and Linkage to Treatment: This program provides mental health outreach, education, consultation, and support to children aged 0-5, their families, caregivers, and child care providers in Amador County. It aims to improve family functioning and access to services. In FY 22/23, 421 individuals were served.
- 26. Nexus Youth and Family Services Outreach & Engagement: This program offers outreach, prevention services, wellness workshops, and community training related to mental health. It targets isolated and underserved residents of Amador County and reached 4,301 individuals in FY 22/23.
- 27. Nexus Building Blocks of Resiliency (PCIT & ART): This program provides Parent-Child Interaction Therapy (PCIT) to improve family relationships and Aggression Replacement Training (ART) to increase resiliency in children and teens. It served 189 individuals in FY 22/23.
- 28. Nexus Youth Empowerment Program (YEP): YEP focuses on outreach, prevention, and early intervention services for youth aged 12-18 in Amador County. It includes various components such as Project SUCCESS and the PeerPlus framework. In FY 22/23, 3,375 individuals were served.
- 29. Nexus Promotores de Salud: This program targets Spanish-speaking Hispanic/Latino communities in Amador County, providing prevention, early intervention, outreach, stigma reduction, access, linkage to treatment, and suicide prevention services. In FY 22/23, 929 individuals were served
- 30. Review of Methods Used to Measure Non-Stigmatizing and Non-Discriminatory Strategies:
- A review of the methods used to measure the effectiveness of non-stigmatizing and non-discriminatory strategies. It was noted that participant surveys have been effective in programs focused on changing attitudes about mental health.
- Surveys are administered regularly by the contract provider, and data from these surveys is available in the MHSA Outcomes section, starting on page 43 of the attached FY22/23 Annual PEI Report.
- 31. Annual Update on MHSA Achievements & Outcomes:
- The Senior Nutrition Program, aimed at improving socialization and combating nutritional deficiencies among older adults, was discussed. The program's goal is to connect isolated seniors and promote healthy eating.

- The program has served 2,121 individuals in FY22/23, with a projected annual cost of \$30,000 for FY 23/24 and an increase in the number served by 20%.
- The Innovation (INN) component's purpose was explained, and it was noted that it aims to introduce new practices or approaches to the mental health system.

32. Current Innovations Programs & Updates:

- The Comprehensive Community Support Model to Address Student Mental Health project was discussed. It promotes interagency collaboration related to mental health services for students.
- In FY 23/24, the projected annual cost is \$133,000, with an increase in the number served by 108%.
- Workforce Recruitment & Retention Strategies, a pending Innovations project, was introduced as a response to high turnover and inconsistency in service providers in the mental health workforce.

33. Workforce Recruitment & Retention Strategies - Pending Innovations Project:

- Details of the proposed project were presented, emphasizing its goal to increase the quality of mental health services, including measured outcomes.
- The project has undergone public comment and review, with plans for approval by the Amador County Board of Supervisors.

34. Workforce Education and Training (WET):

- The MHSA Workforce Education and Training (WET) component's goal to improve the capacity of the public mental health workforce was discussed.
- Information regarding the extension of WET funds and their use to support workforce recruitment and retention activities was provided.

35. College Foundation or Amador College Connect:

- Collaboration with Amador College Connect to promote the Human Services certificate program and provide internships was highlighted.
 - In FY 23/24, the projected annual cost for this program is \$35,000.

36. Capital Facilities and Technology (CFT):

- The CFT component's funding history and its use for mental health treatment and services were reviewed.
- Transfers from the Community Services and Supports (CSS) component to fund CFT were explained.
 - 1. Capital Facilities Projects: It was noted that due to limited funding and regulatory requirements, capital facilities projects were not pursued in Amador County. Stakeholders are exploring solutions for providing crisis care for individuals with mental illness.

- 2. Network of Care: Network of Care, a free online resource directory, was highlighted as a valuable resource for individuals, families, and agencies seeking information related to mental health, substance use, advocacy, and more in Amador County.
- 3. Electronic Billing and Records System: The transition from the Anasazi System to Credible for electronic health records was discussed. This transition has resulted in increased costs as both systems need to be supported during the transition period.
- 4. Technology Needs: Various technological needs, including computers and web cameras, were identified to support effective operations within Amador County Behavioral Health.
- 5. Virtual Platforms: The use of virtual platforms, especially during the COVID-19 pandemic, was discussed as a means to provide services and conduct meetings. Funding support for these virtual platforms was highlighted.
- 6. Prudent Reserve: The meeting reviewed the calculations for the Prudent Reserve in accordance with state guidelines. It was determined that Amador County Behavioral Health should maintain a Prudent Reserve of \$652,458.45, with any overage to be transferred back to the CSS component.
- 7. CSS Funding and Expenditures: The estimated CSS funding for various programs and their expenditures for the fiscal year 2023/24 were presented, with a focus on funding allocation between FSP programs and non-FSP programs.
- 8. Future Funding Projections: Projections for mental health expenditures for fiscal years 2024/25 and 2025/26 were discussed, highlighting the distribution between FSP programs and non-FSP programs.
- 9. Projected FY 23/24
- **Local Prudent Reserve Levels:**
- Calculations are made for maintaining a prudent reserve account.
- The recommended reserve amount for Amador County Behavioral Health is \$652,458.45.
- Any overage will be transferred back to the component from which the funds originated. 2111
- 1. County: Amador PEI Programs Prevention
- Discussed various programs under PEI, including Nexus YEP, Project SUCCESS, Promotores de Salud, TRC Grandparents Program, Labyrinth & LGBTQ Support, Senior Peer Program, Senior Fitness Program, Senior Nutrition Program, First 5 Amador PEI Programs Early Intervention.
 - Reviewed estimated expenditures for FY23/24 and FY24/25 for PEI programs.

2. Stigma Reduction

- Talked about outreach and engagement events, campaigns, and strategies for reducing stigma.
- Examined estimated expenditures for FY23/24, FY24/25, and FY25/26 for stigma reduction efforts.

3. PEI Administration

- Covered PEI administration details and allocated funds for administrative purposes.
- Reviewed projected funding for PEI administration for FY23/24, FY24/25, and FY25/26.

4. Innovations (INN) Programs

- Discussed INN programs, including the Comprehensive Community Support Model, Student Mental Health, and Workforce Recruitment & Retention Strategies.
- Examined estimated expenditures and funding for INN programs for FY23/24, FY24/25, and FY25/26.

5. Program Updates

A. County Amador WET Programs

- The meeting discussed Amador College Connect MHSA Scholarship, Relias, Workforce, Education, and Training, and the 5-Year WET Plan.
 - Funding and expenditures for these programs were reviewed for FY23/24 and FY24/25.

6. CFTN Programs

- Capital Facilities Projects: None at this time.
- Technological Needs Projects: Included Kings View Support, Network of Care, Zoom, Updox, and Survey Monkey.
 - Funding and expenditures for these projects were presented for FY23/24 and FY24/25.

10. Program Statistics and Participant Wellbeing Outcomes

- Various MHSA-funded programs were discussed, including Amador County Full Service Partnerships (CSS) and Sierra Wind Wellness & Recovery Center (CSS).
 - Program statistics, participant demographics, and participant feedback were shared.

11. Participant Feedback Highlights

- Participants provided positive feedback about Sierra Wind Wellness & Recovery Center, expressing appreciation for the staff, support, and the welcoming environment.
- NAMI Family/Client Education & Support received positive comments, emphasizing the importance of trust and the safe space it provides.

12. N-368 Program

- Reported participation rates in various program activities, such as Connections group, Peer to Peer course, Family Support Group, and Family to Family course.

- High program continuation rates and positive feedback, including emotional well-being improvement and recommendations to others.

13. MomCHAT Program

- Provided data on referrals, interventions, and outcomes for participants.
- Highlighted the success of employment interventions in stabilizing participants.
- No participants experienced mental health emergencies or hospitalizations.

14. Labyrinth Stress Reduction Project and LGBTQ Support Services

- Discussed participant feedback and the positive impact on emotional well-being.
- Shared data on the decrease in psychiatric hospitalization rates and homelessness risk.

15. First 5 Behavioral Consultation & Support

- Presented program statistics and outreach efforts.
- Discussed referral outcome data and outreach locations/settings.
- Mentioned the engagement of at least one referred individual in the program.

First 5 Behavioral Consultation & Support

- Feedback from participants: 100% reported improved emotional well-being.
- 33% of participants engaged in other First 5 Program/Events.
- All participants would recommend the program to others.
- Added comments expressing gratitude and appreciation for the program.

16. Nexus Community Outreach Family Resource Centers

- Referral outcome data: 25 referrals made to ACBH-funded treatment programs.
- Engagement of 9 participants in the referred programs.
- No referrals made to treatment outside of ACBH.
- The average duration of untreated mental illness to treatment seeking.
- Outreach activities and locations/settings described.

. Nexus Building Blocks PCIT & ART Programs

- Referral outcome data: 19 referrals made to ACBH-provided treatment.
- Engagement of 6 participants in the referred programs.
- No referrals made to treatment outside of ACBH.
- The average duration of untreated mental illness to treatment seeking.

. Nexus Youth Empowerment Program/Project Success

- Referral outcome data: 16 referrals made to ACBH-provided treatment.
- Engagement of 2 participants in the referred programs.
- 7 referrals made to treatment outside of ACBH.
- The average duration of untreated mental illness to treatment seeking for ACBH-provided treatment.

- . Participant Feedback Highlights
- Consistent reports of improved emotional well-being among participants.
- High recommendations for the programs to others.
- Positive comments expressing gratitude and satisfaction.
- **Promotores de Salud Program (PE):**
- In FY22/23, 11 referrals were made.
- 3 individuals followed through on the referral and participated in the program.
- 5 individuals chose not to follow through, and 3 were considering service options.
- The average interval between referral and participation was 3 weeks.
- 38% of participants attended Promotores presentations.
- 100% would recommend the program to others.
- Over 70% reported improved emotional well-being.
 - 17. The Resource Connection Grandparents Program (PEI):**
- 9 referrals were made to ACBH or similar programs.
- 5 individuals followed through on the referral.
- The average interval between referral and participation was 2 weeks.
- 100% of participants were continuing the program/group.
- 100% would recommend the program to others.
- Participants reported positive impacts on emotional and mental wellness.

18. Amador Senior Peer Program (PE):**

- No referrals were made in FY22/23, so referral outcome data was unavailable.
- The program encourages follow-through on referrals.
- Participants are primarily older adults.
- The impact on social connection and emotional wellness was significant.

19. Foothill Fitness Program (PEI):**

- The program served a growing number of participants over the years.
- High levels of participant satisfaction and positive impacts on physical and emotional wellness were reported.
- Participants highlighted the importance of social connection.

20. Nutrition Program (PEI):**

- No referrals were made in FY22/23, resulting in no available referral outcome data.
- The program focuses on access and linkage to treatment, as well as non-stigmatizing and non-discriminatory strategies.

Overall, these programs have played a crucial role in improving mental health, social connections, and overall well-being among participants. They have encouraged access to services and created supportive communities. Ji

Summary:

The data includes pre and post-survey results from program participants at Amador High School during both the Fall and Spring semesters. It measures their understanding of various topics before and after participating in the program. Here are the key findings:

- **Fall Semester:**
- 1. Understanding how to identify a trusted adult:

- Before: 46.87% - After: 82.81%

2. Awareness of the impact of alcohol and tobacco on the brain and body:

- Before: 38.24% - After: 85.29%

3. Understanding how alcohol can affect student athletes' performance:

- Before: 53.62% - After: 91.31%

4. Knowledge of the number of chemicals in tobacco and vape products:

- Before: 26.47% - After: 83.82%

5. Understanding how tobacco companies use marketing to target the next generation of consumers:

- Before: 36.77% - After: 85.29%

6. Awareness of the effects of alcohol, tobacco, and marijuana on the brain and long-term consequences:

- Before: 25.00% - After: 76.47%

7. Understanding how marijuana can impact the overall function of the brain:

- Before: 37.51% - After: 85.94%

8. Knowledge of coping techniques for stress and anxiety:

- Before: 27.14% - After: 82.86%

9. Awareness that mental illness is a health condition not resulting from personal weakness:

- Before: 48.44%

- After: 93.75%

Spring Semester:

1. Understanding how to identify a trusted adult:

- Before: 52.81% - After: 76.41%

2. Awareness of the impact of alcohol and tobacco on the brain and body:

- Before: 55.56% - After: 86.66%

3. Understanding how alcohol can affect the overall performance of student athletes:

- Before: 61.11% - After: 92.22%

4. Knowledge of the number of chemicals in tobacco and vape products:

- Before: 38.21% - After: 82.22%

5. Understanding how tobacco companies use marketing to target the next generation of consumers:

- Before: 46.66% - After: 84.44%

6. Awareness of the effects of alcohol, tobacco, and marijuana on the brain and long-term consequences:

- Before: 46.66% - After: 84.44%

7. Understanding how marijuana can impact the overall function of the brain:

- Before: 55.06% - After: 83.33%

8. Knowledge of coping techniques for stress and anxiety:

- Before: 30.00% - After: 73.33%

9. Awareness that mental illness is a health condition not resulting from personal weakness:

- Before: 55.06% - After: 87.64%

The data shows a notable increase in students' clarity or crystal-clear understanding of various topics after participating in the program during both semesters. This indicates the effectiveness

of the program in improving students' knowledge and awareness of important subjects related to health, substance abuse, and mental health.

Summary:

This data represents the change in students' understanding of various topics before and after participating in a program at Jackson Junior High School. The program aimed to improve their knowledge and awareness on several important subjects. Here are the key findings:

- **Before the Program (Clear or Crystal Clear Understanding):**
- 1. How past experiences affect self-image: 22.22%
- 2. How using S.M.AR.T. goals aids decision-making: 20.38%
- 3. The effects of tobacco and vaping on overall health: 53.85%
- 4. Non-verbal communication's importance: 32.48%
- 5. How body language and words affect communication: 46.55%
- 6. Coping techniques for stress and anxiety: 23.07%
- 7. Number of chemicals in tobacco and vape products: 23.02%
- 8. Effects of alcohol and tobacco on the body: 49.11%
- 9. How tobacco companies use marketing: 31.19%
- 10. Conflict resolution with a positive outcome: 23.37%
- 11. Effects of marijuana on the body: 33.95%
- 12. Importance of positive mental health: 45.45%
- **After the Program (Clear or Crystal Clear Understanding):**
- 1. How past experiences affect self-image: 61.20%
- 2. How using S.M.AR.T. goals aids decision-making: 67.24%
- 3. The effects of tobacco and vaping on overall health: 94.87%
- 4. Non-verbal communication's importance: 89.75%
- 5. How body language and words affect communication: 81.04%
- 6. Coping techniques for stress and anxiety: 68.97%
- 7. Number of chemicals in tobacco and vape products: 69.97%
- 8. Effects of alcohol and tobacco on the body: 92.86%
- 9. How tobacco companies use marketing: 71.30%
- 10. Conflict resolution with a positive outcome: 57.95%
- 11. Effects of marijuana on the body: 82.57%
- 12. Importance of positive mental health: 84.55%

The data shows a substantial improvement in students' understanding of these topics after participating in the program. This indicates the program's effectiveness in enhancing their knowledge and awareness across a range of important subjects, including health, communication, and mental well-being.

Summary:

The data represents the change in students' understanding of various topics before and after participating in a program at Ione Junior High School. The program aimed to improve their knowledge and awareness on several important subjects. Here are the key findings:

- **Before the Program (Clear or Crystal Clear Understanding):**
- 1. How past experiences affect self-image: 26.76%
- 2. How using S.M.A.R.T. goals aids decision-making: 34.97%
- 3. The effects of tobacco and vaping on overall health: 48.55%
- 4. Non-verbal communication's importance: 35.92%
- 5. How body language and words affect communication: 51.78%
- 6. Coping techniques for stress and anxiety: 31.21%
- 7. Number of chemicals in tobacco and vape products: 20.42%
- 8. Effects of alcohol and tobacco on the body: 51.77%
- 9. How tobacco companies use marketing: 27.34%
- 10. Conflict resolution with a positive outcome: 26.09%
- 11. Effects of marijuana on the body: 35.46%
- 12. Importance of positive mental health: 57.14%
- **After the Program (Clear or Crystal Clear Understanding):**
- 1. How past experiences affect self-image: 73.76%
- 2. How using S.M.A.R.T. goals aids decision-making: 78.01%
- 3. The effects of tobacco and vaping on overall health: 92.20%
- 4. Non-verbal communication's importance: 73.24%
- 5. How body language and words affect communication: 83.46%
- 6. Coping techniques for stress and anxiety: 76.76%
- 7. Number of chemicals in tobacco and vape products: 80.56%
- 8. Effects of alcohol and tobacco on the body: 90.85%
- 9. How tobacco companies use marketing: 75.71%
- 10. Conflict resolution with a positive outcome: 60.87%
- 11. Effects of marijuana on the body: 85.10%
- 12. Importance of positive mental health: 90.78%

The data shows a significant improvement in students' understanding of these topics after participating in the program. This indicates the program's effectiveness in enhancing their knowledge and awareness across a range of important subjects, including health, communication, and mental well-being.

Please note that specific funding amounts and details have been summarized for brevity. Detailed financial figures and other specific information can be provided upon request.

The meeting discussed various initiatives and achievements related to mental health services in Amador County, as part of the Annual Update on MHSA Achievements & Outcomes. Key points covered include:

- 1. Maintaining a community resource database to inform community partners about available supports and programs.
- 2. Coordinating and advertising community resource fairs and events to promote mental health service needs.
- 3. Offering peer support services within the public mental health system.
- 4. Assisting in coordinating Suicide Prevention efforts.
- 5. Providing Mobile Support Team services as needed.
- 6. Peer Personal Services Coordinator supported 77 individuals in FY 22/23 and reached approximately 2,389 individuals and families through outreach services.
- 7. Two Peer Personal Services Coordinator positions funded using Medi-Cal reimbursement and MHSA CSS funds, with a projected annual cost of \$130,000 for FY 23/24.
- 8. Outreach and Engagement activities targeting various populations, including medical providers, Older Adults (60+), youth, educators, consumers, and family members.
- 9. Stigma-reduction efforts, including advertisements, radio ads, and participation in community events.
- 10. Participation in various committees and round table meetings related to mental health awareness.
- 11. Implementation of therapeutic groups and activities funded by MHSA, such as WRAP, Peer Meet Up Group, and Socialization Activities.
- 12. Client Support Fund established to provide one-time supports to consumers for mental health treatment goals.
- 13. Community Program Planning Costs used to support the Mental Health Services Act implementation.
- 14. Distribution of bus passes through Amador Transit to help consumers access behavioral health services.
- 15. Services provided by Sierra Wind for mental health recovery-oriented support.
- 16. NAMI's outreach, support groups, and educational programs for individuals affected by mental illness.
- 17. MomCHAT program for maternal mental health support during pregnancy and postpartum.

Action Items

- Review the Community Program Planning Results attachments.
- Continue monitoring progress in the CSS component.
- Ensure compliance with reporting requirements per Welfare and Institutions Code.
- Explore options for providing a higher level of care for individuals in need.
- Continue supporting housing activities with MHSA funds.
- Review the funding allocation for MHSA Housing Program & Activities.
- Monitor progress on No Place Like Home (NPLH) projects.
- Stay updated on developments regarding Behavioral Health Bridge Housing (BHBH).
- Continue to track the performance of funded programs, including Full Service Partnership and Mobile Support Team.
- Consider potential enhancements or expansion of programs based on needs.

Next Meeting

November 15, 2023 3:30 pm