

IN PERSON QPR TRAINING

Want to know more about **Suicide Prevention**?

QPR (Question, Persuade, Refer) is designed to help all of us identify and refer suicidal persons to professionals who can assess, manage and treat the underlying illnesses that promote suicidal behavior.

LEARNING OBJECTIVES: 1.5 Hours Training with Ken Baldwin

- ~Hear Kens lived experience
- ~How to discuss suicidal intent with a person in crisis
- ~Recognize the Warning Signs of Someone in Distress
- ~How and Where to Refer a Person in Distress
- ~Suicide Rates in Amador County
- ~Resources in Amador County



February 21, @ 3:00 pm, at the Amador County Behavioral Health Building.

**You must pre-register to attend the FREE QPR training:
Please contact Gail Abbott at 209-223-6843**



RECOGNIZE SIGNS OF DISTRESS. PROVIDE HOPE. PROVIDE SUPPORT.