

Bipolar Disorder...
PTSD... Depression...
Anxiety...
Schizophrenia...



You are not alone.

**Are you caring for a loved one with mental illness?
We are Families Helping Families.**

NAMI Amador Family Support Group

FOURTH TUESDAY OF EACH MONTH:

7:00PM – 8:30PM FAMILY SUPPORT GROUP

Location: Margaret Dalton Center, 975 Broadway, Jackson CA 95642

More Information: namiamador.org
namicalifornia.org
www.nami.org

Facilitators: Terri 209-418-5615
or Stacey 209-304-0868

For Family MEMBERS & CAREGIVERS of individuals with Major Depression, Bipolar Disorder, PTSD, Schizophrenia, Schizoaffective Disorder, Panic & Obsessive-Compulsive Disorder, Anxiety, and other mental illnesses.

We are a volunteer self-help support, education and advocacy group for families and friends of persons living with serious mental illnesses.

The Group is facilitated by a team of trained volunteer family members who know what it is like to have a loved one with serious mental illness. There is no cost for family members and caretakers to participate in NAMI Family Support Groups.



WELLNESS • RECOVERY • RESILIENCE

P.O. Box 482 Jackson, CA 95665 209-256-1293 namiamadorcares@gmail.com