

Mental Health Services Act / Cultural Competency Steering Committee

January 7, 2021

MINUTES

- Welcome / Introductions: Refer to attached sign-in sheet; please note that names were recorded from Zoom meeting attendance list and may not reflect all those participated in the meeting. Please contact Stephanie if you attended the meeting and your name is not on the attendance list.
- The MHSA Programs Coordinator (Stephanie) announced that the Health and Human Services building, which includes the Behavioral Health Department, remains closed at this time and services can be accessed by appointment only. The Behavioral Health Department is still operating via telehealth and phone, with only necessary in-person appointments. Please call if anyone needs services and they will be directed to the appropriate place/person. The phone number is (209) 223-6412.
- Vanessa Compton is no longer with ACBHS. Stephanie will be sending out Community Announcements and updating Network of Care until further notice.

NEW BUSINESS:

- Cultural Competency Plan: The Plan is updated and is awaiting final review from the QI Committee. There is updated information on the SUDS programs as well as data from Mule Creek State Prison which helps understand the demographics of Amador County. This year's update was more focused on data and how to identify who is truly underserved in Amador County. Once the plan undergoes its final review next week, it will be posted to Network of Care and sent in Community Announcements.
- Community Program Planning Process – FY21/22 MHSA Annual Update is on the horizon! This is the state-mandated participatory process in which ACHBS seeks input from the community and the department to determine where to focus priorities and funding for the upcoming year. The survey will be reviewed at our March meeting and will be offered online and in paper formats. Any ideas of how to facilitate community discussions are appreciated. If folks would like to provide input, they can email or contact Stephanie or someone else at ACBHS anytime. This will be the focus of the meeting in March. Usually, March through May is the CPPP, in July the results are reviewed at this meeting and in August the MHSA Annual Update will be posted with the public hearing in September during the Behavioral Health Advisory Board meeting.
- Plan of Correction -- DHCS MHSA PROGRAM REVIEW – April 21, 2020: The Plan of Correction (POC) was submitted by the due date (September 15, 2020). ACBHS needs to address compliance with Prevention and Early Intervention (PEI) regulatory requirements, the MHSA Issue Resolution Process (IRP), FSP age group targets and Revenue and Expenditure Report (RER)

effective use of Amador's INN funds at this juncture. Stephanie will start working on the draft proposal for the Mental Health Services Oversight and Accountability Commission (MHSOAC) review. Updates will continue to be provided at this meeting and during the Behavioral Health Advisory Board meetings.

It should be noted that this is in addition to the two Innovations Projects ACBHS already has implemented.

- David Woods Bartley: Amador County Behavioral Health Services would like to invite you to a virtual talk provided by David Woods Bartley on **February 18th at 6:00 p.m. via Zoom**. The flyer is attached and the Zoom link can be found below.

Here is some information about David:

Like most people, David Woods Bartley has seen his fair share of successes and setbacks; from directing a nationally recognized nonprofit to battling a life-threatening mental illness. But over the last seven years, David has successfully navigated from the isolation of mental "hellness" to the inclusive space of mental wellness.

Currently, David is a member of the National Alliance on Mental Illness, the International Association for Youth Mental Health, the National Storytelling Network's Healing Story Alliance, and Active Minds.

In addition to giving a TEDx talk in the fall of 2018, David has been invited to speak before audiences across the country, giving keynote speeches and leading workshops on the topics of mental health, suicide awareness and prevention, the power of connection and the use of language as a tool of healing to organizations such as the United States Food and Drug Administration, the Army of Engineers, Sacramento State, California Northstate School of Medicine, UC Davis, William Jessup University, Sutter Health, Lyft, along with various faith denominations, national law enforcement agencies and community organizations at the national, state and local level.

We encourage all community members to participate in this story of hope and connection. You can access the talk by going to the following Zoom link. Don't forget to take a look at the attached flyer also! Please feel free to share!!

Join Zoom Meeting

<https://zoom.us/j/97750306185?pwd=YUMwZkFzemhURFQ4VEhqMDR4SSsydz09> Meeting ID: 977 5030 6185 Passcode: 601688 One tap mobile [+16699006833](tel:+16699006833),

Regular Agenda Items:

- Reminder: Network of Care & Community Announcements – Stephanie is updating Network of Care and sending out the Community Announcements each week. Please send all information to Stephanie so she can make sure it is updated and sent out appropriately.
- Quality Improvement Update: Megan and Melissa provided an update regarding the Triennial Review (a review of the entire Public Mental Health System by the State/DHCS) which happened

- Informing Materials Update: Brochures are being translated. Most documents are translated to Spanish. If anyone ever needs ACBHS information in Spanish please contact ACBHS.
- Trainings for 20/21:
 - CIT for Law Enforcement & First Responders: April 2020 will be rescheduled for 2021 due to COVID-19. The group discussed that this training is critical and is very much supported by stakeholders. Melissa Cranfill reported that she would check in with the Undersheriff and trainer to see if a virtual training is possible and if not, what possible ETA for when training could be provided. UPDATE as of 1/25/21: The training cannot be offered virtually, however, the training is tentatively scheduled for Fall 2021.
 - Cultural Competency Training/Implicit Bias: ACBHS will be offering training in 2021. This has been difficult to plan due to COVID-19. However, California Health and Wellness is offering virtual trainings on an ongoing basis for Cultural Competency, among other things. Stephanie will send out the training links to attendees of this meeting.

Past Training 20/21:

- ✓ LGBTQ+ Affirming Practices—August 11th
- ✓ SO/GI Data Collection Implementation & Best Practices – August 18th

ACBHS has worked with its PEI Providers to start collection SO/GI and expanded demographic information effective 10/1/20.
- Program Updates/Information Sharing: 4-H, Lilliput Adoption Services, Amador Arts, Amador College Connect, Behavioral Health Advisory Board, NAMI Amador, Nexus Youth & Family Services, Amy Hixson (Substance Use Disorder Service – SUDS), Amador Senior Center, Foothill Fitness, Amador Senior Peer Visitors, CalVOICES all shared program updates and announcements.
- **Next Meeting: March 4, 2021 @ 3:30 p.m.**

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Attendance List:

Amador College Connect—Rachelle Saldate

Amador College Connect—Nickie Crofts

Janet Caton, NAMI Amador

Katrina Ozier, CalVOICES

Melissa Cranfill, ACBHS

Stephanie Hess, ACBHS

Bobbie Harrison, CalVOICES

Rachel Sanchez, Anthem Blue Cross

Linda Woods, Amador Senior Peer Visitors Program

Sheri Noble, The Resource Connection

Jessica Cobb, CalVOICES

Chris Kalton, Amador Senior Center

Kathryn Pipitone, CalVOICES

(916) 521-1137

Steve Christensen, Amador County Behavioral Health Advisory Board/Faith Based Task Force

Mary 'Mel' Welsh, Foothill Fitness

Becky Medina, Lilliput Adoption Services

Vera Bullard, 4-H

Amy Hixson, ACBHS

Megan Hodson, ACBHS

Janet Paine, Anthem Blue Cross

Dr. Zeiderman, Amador County Behavioral Health Advisory Board

Meghan O'Keefe, Amador Arts