

Mental Health Services Act / Cultural Competency Steering Committee

March 4, 2021

MINUTES

- Welcome / Introductions / Announcements:
 - Refer to attached sign-in sheet; please note that names were recorded from Zoom meeting attendance list and may not reflect all those participated in the meeting. Please contact Stephanie if you attended the meeting and your name is not on the attendance list.
 - The MHSA Programs Coordinator (Stephanie) announced that the Health and Human Services building, which includes the Behavioral Health Department, remains closed at this time and services can be accessed by appointment only. The Behavioral Health Department is still operating via telehealth and phone, with only necessary in-person appointments. Please call if anyone needs services and they will be directed to the appropriate place/person. The phone number is (209) 223-6412.

NEW BUSINESS:

- Community Program Planning Process—FY21/22 MHSA Annual Update: The Community Program Planning Process (CPPP) is an annual participatory process where ACBHS engages the community, key stakeholders and anyone interested in mental health to complete a survey and provide feedback on unmet mental health needs. The CPPP usually runs from mid-March through the end of May and then the survey results are analyzed, compiled and reviewed at the July meeting. The analysis is included annually in the MHSA Three-Year Plan or Annual Update and guides the work of the MHSA for the year. Every year at the March meeting, this committee reviews, revises and discusses the community survey as well as other opportunities to solicit meaningful feedback. First, the committee discussed during a survey *and* focus groups. Focus groups don't necessarily have to be scheduled but could take place during other scheduled meetings. Stephanie will reach out to the folks who facilitate meetings she already attends and if other folks have ideas, please let her know. Then, the committee reviewed the survey questions and decided that the open-ended questions would be pulled out and used in the community meetings and focus groups in order to create context around the responses and understand the information in a more meaningful way. The committee also revised the questions, added some questions regarding COVID-19 and incorporated some other counties questions. The committee also discussed how to administer the survey—the online link is extremely helpful but having paper copies is also useful, especially with deliveries, drive thru events and as the community transitions into in-person services. Paper surveys would be helpful for different organizations and if we could offer funding through the CPPP for stamps/envelopes

that would encourage folks to be more responsive. Stephanie will revise the draft survey and send it out to the committee for final review before the CPPP opens in the middle of the month. She will follow up with the stakeholder groups who had interest in paper copies to make sure that they receive what they need to make this process successful. Stephanie reminded the group that if they have questions to please reach out to her.

- MHSOAC Advancing Prevention and Early Intervention in Mental Health: Stephanie announced that the Mental Health Services Oversight and Accountability Commission (MHSOAC) is providing a series of forums, listening sessions and public hearings for their efforts in Advancing Prevention and Early Intervention (PEI) in Mental Health. This derived from SB1004 which passed in 2018 and directed the MHSOAC to develop statewide PEI priorities. The listening session for the Central Region is this Monday, March 8th and if anyone would like to listen or participate, you can find more information on the MHSOAC website or you can reach out to Stephanie. Updates will continue to be provided about this as Stephanie and ACBHS will continue to participate in as many of the forums and other offerings as much as they can.
- Mental Health Matters Month: May is coming and it is Mental Health Matters Month! Stephanie ordered a ton of materials from the Each Mind Matters campaign and as they start to arrive, we will reach out to see if anyone wants any of the 'swag'. The committee discussed doing the calendar again, distributing the placemats—the committee agreed to do both. Discussed various outreach efforts and what that may look like – it appears that mostly will be drive-thru or curbside activities but we can definitely still push materials/resources out. We have some HOPE banners—would anyone want to take one or two to put around the community? Nexus will take as many as we will give them, Sierra Wind would like one, First 5 will take one. More will be ordered and we will coordinate where they will be located. The committee knows to keep the lookout for emails discussing more about MH Matters Month and that a separate, planning Zoom may be held for this effort.
- Plan of Correction -- DHCS MHSA PROGRAM REVIEW – April 21, 2020: No update
- MHSA Issue Resolution Process: The MHSA Programs Coordinator (Stephanie) reminded the committee of the separate process for MHSA-related issues. Information, along with the form is located on the Network of Care site and the Amador County Mental Health Services website.
- No Place Like Home (NPLH): The Request for Qualifications for an affordable housing development sponsor was awarded to Danco Communities in late January 2021. Danco will be presenting at the Amador County Homeless Task Force meeting on March 25th and is actively doing due diligence to locate a site in Amador County. Their goal is to have site control by the end of April 2021. ACBHS is also in negotiation with Danco to execute a Pre-Development MOU.

Danco has a lot of experience in affordable housing and is actually the first affordable housing development sponsor to complete a NPLH project in California. More information will be shared as it is made available. Stephanie provided the website for Danco in the meeting chat.

Regular Agenda Items:

- Reminder: Network of Care & Community Announcements: Stephanie provided a reminder about the Community Announcements email and to look at Network of Care.
- Quality Improvement Update: Melissa Cranfill, LCSW, Behavioral Health Director provided an update regarding the DHCS Triennial Review which was held in December 2020. ACBHS has still not received a report but will provide information once it is received. The Network Adequacy Annual Report is usually due in April, however, this year it was extended to be due in June.
- Substance Use Disorder Services (SUDS) Update: Melissa Cranfill, LCSW, Behavioral Health Director provided an updated that ACBHS officially is Drug Medi-Cal (DMC) certified and the program has been implemented. Billing for drug medi-cal has begun and the SUDS department is working with Gold County Health Initiative for specific DMC services.
- Suicide Prevention Updates
 - Amador SPEAKS – 3/18/21 @ 3:30 p.m. – announcement with the agenda will go out next week
 - Question, Persuade, Refer (QPR) – 3/24/21 @ 3:00 p.m.–RSVP to Gail @ (209) 223-6843 – Let Gail know if you’d like to attend, this will be held virtually.
- Innovations Update: MomCHAT, TxChat, Pending Student Mental Health Project:
 - MomCHAT: Jessica Cobb and Stephanie provided an update on the programs implementation and progress. MomCHAT is a maternal mental health program that utilizes a wellness team with a Peer and a LCSW to provide support to Moms who are 0-28 weeks pregnant and then for up to two years after baby is born.
 - TxCHAT (group for co-occurring Teens aged 13-17) is now accepting referrals again and will be done virtually until safe to do otherwise.
 - Comprehensive Community Support Model to address Student Mental Health proposed Innovations project: Stephanie provided an update that the proposal for the MHSOAC is being drafted and should be submitted by the end of March. More details in the May meeting will be provided about this exciting effort.
- Cultural Competency Activities Updates
 - Latino Engagement Meeting Update (Next meeting 3/9/21): If you’d like to attend, please contact Stephanie and she will send the Zoom link.

- Native American Engagement Meeting Update (Next mtg. TBD): Efforts to do this virtually have not gotten very far. Stephanie will continue to follow up and in the meantime, ACBHS is maintaining its partnerships and relationships with the tribal community.
- LGBTQ+ Workgroup Meeting (Need to Reschedule): No update
- Local & Statewide Cultural Competency Efforts: Stephanie continues to attend local, regional and statewide meetings to address racial equity and cultural humility. Melissa (BH Director) and Stephanie have now set up quarterly meetings to discuss how to implement this work.
- Cultural Competency Plan & Cultural Competency Objectives: The Cultural Competency Plan was submitted to DHCS in mid-January 2021 and was posted to Network of Care. An announcement email regarding the availability of the plan also was provided.
- Informing Materials Update: Brochures are being translated
- Trainings for 20/21:
 - CIT for Law Enforcement & First Responders: Rescheduled for Fall 2021: Melissa stated the goal is to provide this training in-person during the Fall of 2021. She reached out to the trainers and they cannot accommodate the training virtually. Law Enforcement and ACBHS are working towards a Fall 2021 training, depending on the magnitude of the pandemic.
 - Cultural Competency Training/Implicit Bias

Past Training 20/21:

- ✓ LGBTQ+ Affirming Practices—August 11th
- ✓ SO/GI Data Collection Implementation & Best Practices – August 18th
- ✓ David Woods Bartley – February 11th (ACBHS Staff) & February 18th (Community)
- Program Updates/Information Sharing: Various agencies and organizations shared about what they are doing to provide services and programs.
- **Next Meeting: May 6, 2021 @ 3:30 p.m.**