

ATCAA's **FAMILY RESOURCE SERVICES (FRS)** has been providing Child Abuse Prevention and Intervention programs for Amador County youth and their families for over 30 years. **FAMILY RESOURCE SERVICES** strengthens and supports families, including those at risk of abuse and or neglect, through education, prevention and intervention services.

ALL YOUTH SERVICES ARE FREE!

Child Therapy

CHAT (Child Abuse Treatment) is free, individual therapy for eligible children under 18 years of age, who have been victims of or experienced any type of abuse, violence, bullying, or major trauma. Child therapy is provided by Licensed Marriage Family Therapists (LMFT). Male and female therapists available.

Who Is Eligible:

- ◆ Children with *Medi-Cal* who do not qualify for child therapy services.
- ◆ Children with *private insurance* who may not be able to access their therapy services due to; lack of local providers, distance, long wait lists, unable to afford co-payment, etc.



Types of Therapy:

- ◆ CHAT provides various types of therapy such as; Play Therapy, Art Therapy, Group Therapy, Trauma Focused Cognitive Behavioral Therapy (CBT).
- ◆ PCIT (Parent Child Interaction Therapy) is also available for CHAT clients.

For more information call:
(209) 223-1485 ext. 249

Funding made possible through the United States Department of Justice, Victims of Crime Act, 2015-VA-GX-0058.

Foster Teens

The IDA (Individual Development Account) program provides one to one financial education, guidance, and support for foster youth as they transition from foster care to independence.



- ◆ Foster youth ages 13-21 may participate.
- ◆ The IDA (Individual Development Account) is a specialized savings account.
- ◆ Participants earn money for their IDA account by completing *Incentive Activities*. Examples: maintaining a GPA; playing team sports; creating a job resume; volunteering.
- ◆ Participant's IDA funds can be spent on specific, stabilizing financial goals. Example: higher education or career oriented training costs; transportation; housing needs; tuition.
- ◆ IDA money that participants earn is matched, dollar for dollar, by our funders, *United Way California Capital Region* and *Women United*. (Limitations apply)

For more information call:
(209) 223-1485 ext. 226



LITERACY

FAMILY RESOURCE SERVICES encourages and supports literacy opportunities for all Amador County citizens, as a path to reduce poverty by improving education, employment and health in the communities where they live.



ATCAA's *STAR Readers Summer Program* serves ACUSD students enrolled in the ELP, at the Jackson Elementary School site. The program is designed to prevent "summer learning loss" by providing literacy based games, STEAM activities, and reading time. The literacy activities are provided by trained, teen volunteers who also participate in job training skills.



The STAR Readers Summer Program was funded by a grant from the *Amador Child Abuse Prevention Council*.

Literacy training and materials were provided by United Way California Capital Region.

