



Celebrate Recovery

# Celebrate Recovery

A Christ-centered recovery program.

[www.celebraterecoverytc.org](http://www.celebraterecoverytc.org)

find  
FREEDOM from  
**anger**

find  
FREEDOM from  
**chemical  
dependency**

find  
FREEDOM from  
**codependency**

find  
FREEDOM from  
**relationship  
addiction**

find

FREEDOM from ALL OF LIFE'S

HURTS  
HABITS  
HANGUPS

**WHAT EXACTLY ARE  
HURTS, HABITS, AND  
HANG-UPS?**

A HURT, HANG-UP, or HABIT  
is something that hinders your  
walk with God.

## King's View Assembly of God Coming Mondays in November 6-8:30 pm

The feeling of being HURT is an emotional reaction to another person's behavior or to a disturbing situation such as abuse, abandonment, codependency, divorce, relationship issues, etc.

A HABIT is an addiction to someone or something. Examples include alcohol, drugs, food gambling, sex, shopping, smoking, pornography, to name a few.

HANG-UPS are negative mental attitudes that are used to cope with people of adversity. Some examples include: anger, depression, fear, and forgiveness.

Schedule:

6-7 pm Home cooked meal and Fellowship

7-8:30 pm program

More info  
[KVAG.NET](http://KVAG.NET)

Celebrate [recovery.com](http://recovery.com)

Every Monday Night 432 W. Marlette st. Ione

