

Domestic Violence Support Group



Every Tuesday Morning
10am—11am

LUNCH PROVIDED
IMMEDIATELY FOLLOWING
GROUP!

Located:
817 Court St. #12
Jackson

Call:
(209) 223-2897
For more information

Operation Care is offering a 10 week support group designed for survivors of Domestic Violence. One will learn skills to aid with coping of past experiences while building healthy friendships and relationships.

This group is a confidential setting to connect with other survivors of Domestic Violence.

Topics:

- Different types of Domestic Violence
- The Cycle of Violence
- The effects of Domestic Violence on children
- Diffusing your anger
- Taking time out for yourself
- Building healthy relationships



817 Court Street, Suite 12

Jackson, CA 95642

Phone: 209-223-2897

Fax: 209-223-2987

24hr Crisis Line: 209-223-2600

Toll Free: 800-675-3392

www.operationcare.org

www.facebook.com/operationcare