



Shingle Spring Band of Miwok Indians Elders Outreach

The Shingle Spring Band of Miwok Indians Elders Outreach food boxes contain nutrient-rich foods provided by the United States Department of Agriculture (USDA). These foods provide vitamins A and C, calcium and iron, which are essential nutrients that are often lacking in the diets of low-income seniors.

The Elders outreach program will provide monthly food assistance to low income senior that meet the requirements. The boxes are delivered by the Food Bank of El Dorado County to pre-approved distribution sites. Seniors that meet the requirements listed below can then pick up a monthly food box on a designated date.

This program prevents many seniors from having to choose between paying for food or other necessities, such as medicine or utilities.

To Qualify:

Must be 60 years of age or older

Meet the income guidelines

Reside in one of the following counties:

- El Dorado County
- Placer County
- Amador County
- Calaveras County
- Sacramento County
- Yolo County

Must not be currently receiving CSFP at another distribution site.

FFY 2019 SSBMIEO Income Guidelines		
Household Size	Maximum Monthly Household Income	Maximum Annual Household Income
1	\$ 1,316.00	\$ 15,782.00
2	\$ 1,784.00	\$ 21,398.00
3	\$ 2,252.00	\$ 27,014.00
4	\$ 2,720.00	\$ 32,630.00
5	\$ 3,188.00	\$ 38,246.00
6	\$ 3,656.00	\$ 43,862.00
7	\$ 4,124.00	\$ 49,478.00
8	\$ 4,592.00	\$ 55,094.00
For each additional family member, add:	\$ 468.00	\$ 5616.00

To Apply:

Please bring the following documents to your local distribution site during distribution.

1. Complete Application
2. Picture ID and or Birth Certificate
3. Proof of residency, such as a recently postmarked mail with name and address if not included on picture ID.
4. Knowledge of current gross monthly household income

After Applying:

Once a certifier reviews your application you will then receive a Notice of Action. This form will tell you if your application was approved, waitlisted or denied. If approved, it will list the location of where you will be able to pick up your Elders outreach food box each month.