

Gov. Newsom launched a new free hotline: 833-544-2374 specifically for older adults who have questions about resources and in need of assistance.

From this hotline, seniors can access the newly established California “Volunteer Corps” to help with medication & grocery delivery. This is done in partnership with 211 and AARP.

Governor Newsom launched a new program/campaign lead by CDA and Health and Human Services which encourages all of us to check on our older neighbors, friends and relatives.

I know there are several of us who are unable to remain at home during this pandemic; but I know all of us, regardless of where we are located, are doing our best to keep ourselves and our community members safe!

Please consider taking the pledge below.

Get EngAGED with newly launched Check-In Campaign!

Today the Governor announced the launch of the new **Stay Home, Save Lives, Check In** campaign! CDA and the Health and Human Services Agency are proud to be leading this campaign which encourages YOU and all Californians to check-in with older neighbors to combat social isolation. It’s a simple way we can all do our part to ensure that those over 65 have the food, medicines, and other supplies they need.

“The most important way for older Californians to stay safe is to stay at home,” said Governor Newsom. “No older Californian should be forced to go outside to get groceries or their medication. It’s on all of us across the state to check in on the older adults in our lives – our friends, family and neighbors – to help them during this outbreak. Each and every one of us must reach out in a safe way to make sure our older neighbors have someone to talk to and have enough food to eat during these difficult times.”

We encourage you to visit [Engageca.org/check-in](https://engageca.org/check-in) and take the pledge to *stay home, save lives, and check in*. Please help us spread the word by sharing the webpage with your family and social networks.

For more information about COVID-19, including where to find assistance and resources, please visit the following webpages or call the following information lines:

- [CA.gov COVID-19 Response](https://www.ca.gov/covid-19)
- [The California Department of Aging](https://www.cdahhs.ca.gov/)

Connection To Local Services

Call 211 or click www.211ca.org

California State Aging & Adults Information Line

Call 1-800-510-2020 or click www.aging.ca.gov

