

Do you have questions about your healthcare benefits?

Free Legal Help is Available to Help:

- Find health coverage
- Assess you for free and reduced cost insurance
- Fix problems with your health plan
- Obtain care and treatments you need
- Assist you with medical bills
- Help you with problems obtaining medication at the pharmacy
- Get access to mental health services
- Assist you with denials and terminations from Medi-Cal
- Fix problems with Covered California
- Obtaining transportation to get to your medical appointments

Legal Services of Northern California provides completely free
and confidential help for healthcare consumers!

Phone: **530-823-7560** (Monday-Friday 8:30-5:00)

Website: www.health.lsnrc.net