



## Learn life-saving skills anywhere with LivingWorks Start

As we respond to the challenges of the COVID-19 crisis, many people are experiencing increased isolation, losses, and anxiety. Now more than ever, we need effective suicide prevention skills.

That's where LivingWorks Start comes in. In as little as one hour online, this interactive training program will give you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide.

To support the need for skills training in this difficult time, we've lowered the price of LivingWorks Start from \$39.95 to \$27.95 until February 28, 2021.

### How LivingWorks Start can help you:

- Become more comfortable talking about suicide
- Keep a loved one safe in times of distress
- Support friends and co-workers
- Build professional skills
- Have peace of mind knowing you're ready to help

### LivingWorks Start features

-  Skills can be learned and applied remotely with any computer or device
-  High-quality content and simulations
-  In-depth customisation
-  Proven to increase skills
-  Lifetime access to resources and refreshers

Learn life-saving skills today at [www.livingworks.com.au](http://www.livingworks.com.au) or email [start@livingworks.com.au](mailto:start@livingworks.com.au) to bring these skills to your team or community

# What people are saying about LivingWorks Start



*These are great skills to support not only co-workers, but also friends and family at home.*  
—Jane, financial representative, Canberra



*An excellent option for those working from home. Even at a distance, I feel much better prepared to keep someone safe from suicide.*—Tanya, Learning and Development Officer, Sydney



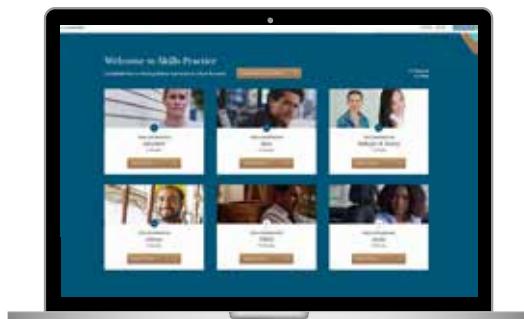
*Glad for this training. These are must-have skills for people in so many fields.*  
—Michael, Paramedic, Brisbane



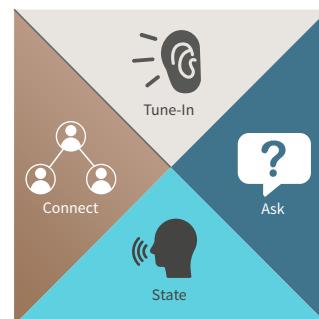
*The scenarios were believable and realistic. You really see how you can apply it in real life.*—Quincey, US Army service member, Ohio, USA

## The LivingWorks Start Experience

Skills practice and resources



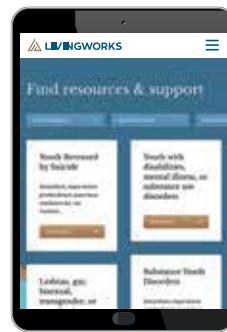
Intuitive helping model anyone can learn



Simulations for helping in-person and remotely



Customised content and information



**Together, we can save and change lives.**

To bring LivingWorks Start to your team,  
[email start@livingworks.com.au](mailto:start@livingworks.com.au) or phone 1300 738 382