

Mental Health Services Act / Cultural Competency Steering Committee

July 9, 2020

AGENDA

- Welcome / Introductions

NEW BUSINESS:

- Results -- Community Program Planning Process for MHSA Three Year Plan & Expenditure Report (FY20/21-22/23)
- OSHPD Regional WET Partnerships Discussion
- Update -- DHCS MHSA PROGRAM REVIEW – April 21, 2020
- No Place Like Home (NPLH)
- MHSOAC RFA – Mental Health Student Services Act
- Bus Ad 'It's Ok to Not Be OK' – continue?

Regular Agenda Items:

- Quality Improvement Update
- Suicide Prevention Updates
 - Suicide Prevention Awareness Week
- Innovations Update
- Cultural Competency Activities Update:
 - Latino Engagement Meeting Update (Next meeting 9/8/20)
 - Native American Engagement Meeting Update (Next mtg. TBD)
 - LGBTQ+ Workgroup Meeting (Was scheduled-April 28th @ 1:00 p.m. WILL BE RESCHEDULED)
 - TriCounty Cultural Competency Committee (bi-monthly)
 - Central Region Cultural Competency Coordinators Monthly Meeting
 - Cultural Competency Plan: Review Cultural Competency Objectives @ Sept. 2020 Mtg.
 - Informing Materials Update: Brochures are being translated
- Trainings for 2019/20:
 - CIT for Law Enforcement & First Responders: April 2020 will be rescheduled for January 2021

Past Training 2019/20:

- ✓ Implicit Bias Training—December 2, 2020
- ✓ Military Culture Training—February 4, 2020
- ✓ Cultural Competence—March 24, 2020; 9:00 a.m. & 1:00 p.m. *Held via Webinar*
- Program Updates/Information Sharing

Next Meeting: September 3, 2020 @ 3:30 p.m.

MHSA/CULTURAL COMPETENCY STEERING COMMITTEE MEETING

The MHSA/Cultural Competency Steering Committee Meeting is a gathering of key stakeholders, community partners, consumers, family members, behavioral health staff and other members of our community. All interested in MHSA and how the 'Act' is carried out in Amador County are encouraged to attend.

This meeting is the platform where priorities for each component of MHSA are established and decisions about how to implement, improve or expand programs are made. Participation at the MHSA/Cultural Competency Steering Committee meetings is crucial to obtain stakeholder input and truly drive the community planning processes for MHSA in Amador County. This meeting also provides a venue where Amador County Behavioral Health is able to provide departmental and quality improvement updates.

For more information, please contact Stephanie Hess, MHSA Programs Coordinator at (209) 223-6308 or shess@amadorgov.org.

Please join us for our upcoming meeting:

July 9, 2020

3:30 p.m. - 5:00 p.m.

via Google Meet

Meeting ID

meet.google.com/bip-vgzx-udn

Phone Numbers

[\(US\)+1 484-380-5987](tel:(US)4843805987)

PIN: 180 022 183#

Meetings are held bi-monthly. The 2020 meeting dates are scheduled for:

September 3, 2020

November 5, 2020

**Mental Health Services Act / Cultural Competency Steering Committee via Google Meet
July 9, 2020**

Attendance List:

Amador College Connect—Nickie Crofts
Amador College Connect—Rachelle Saldate
Danelle Bohall, The Resource Connection
Steve Christensen, Faith-Based Task Force, ACBHAB Member, Community Advocate
Gail Abbot, ACBHS
Janet Caton, NAMI Amador
Katrina Ozier, CalVOICES
Ken Baldwin, Suicide Prevention Trainer
Linda Woods, Amador Senior Peer Visitors
Megan Hodson, ACBHS
Nina Machado, First 5 Amador
Pat Porto, ATCAA
Trixxie Smith, CalVOICES
Melissa Cranfill, ACBHS
Vanessa Compton, ACBHS
Stephanie Hess, ACBHS

Mental Health Services Act / Cultural Competency Steering Committee via Google Meet

July 9, 2020

MINUTES

- Welcome / Introductions: Refer to attached sign-in sheet; please note that names were recorded from the Google Meet attendance list and may not reflect all those participated in the meeting. Please contact Stephanie or Vanessa if you attended the meeting and your name isn't on the attendance list.
- The MHSA Programs Coordinator announced that the Health and Human Services building, which includes the Behavioral Health Department, remains closed at this time with no anticipated opening date. However, the department is still operating via telehealth and phone. Please call if anyone needs services and they will be directed to the appropriate place/person.

NEW BUSINESS:

- Results -- Community Program Planning Process for MHSA Three Year Plan & Expenditure Report (FY20/21-22/23): The Community Program Planning (CPPP) Results were sent out in Community Announcements last week and are attached to these minutes. The CPPP Results were reviewed by all who participated in the meeting. The survey, which was open from March 12 through May 29, 2020 received 197 responses. The group discussed the results, which included how to continue funding reverted programs. For Outreach and Engagement and Suicide Prevention, funds were found within the existing MHSA budget to continue those programs into FY20/21. However, the Student Assistance Program also known as ASPIRE, was operating on reverted funds that were fully expended. Due to COVID-19, more reversion may be coming down the pike for prevention activities and if so, the group directed ACBHS to dedicate the PEI reversion fund (if any) to student mental health. The group also discussed points where improvement is needed such as serving adults who have serious mental illness, assisting folks who have access issues in obtaining information through outreach, engagement efforts and focusing on homeless and youth. Stephanie, the MHSA Programs Coordinator announced that the plan is scheduled to be posted on August 14, 2020 and a public hearing on the plan will be held using an online platform on September 16th at 3:30 p.m. during the Amador County Behavioral Health Advisory Board meeting. Feel free to contact Stephanie or Vanessa with any questions at any times.
- OSHPD Regional WET Partnerships Discussion: Stephanie presented the OSHPD Regional WET Partnership framework and requested approval from the stakeholder group to continue on with this effort. Back when WET funds were originally rolled out, regional partnerships were formed with a coordinator from CIBHS who oversaw the implementation of the regions goals. Trainings were offered to behavioral health and community-based organizations, pipeline development

programs were created in counties where community colleges or four-year schools existed and the student loan repayment program was operational, among other things. The regional partnerships brought a lot of great opportunities to communities during its existence. This program ended in June 2018, when the time-limited WET funding stopped. OSHPD is asking counties to participate in another five-year program to bring the majority of the programs back. They are asking counties to allocate a specific dollar amount to make this work for each county in the region. Amador would be required to pay approximately \$20,000 over the course of five-years. Amador would most likely participate in retention activities (training) and the student loan repayment program. Student Loan Repayment is a program where the regional partnership would provide a certain amount of money, the county would match those funds and then the funds would go towards the employee's student loan. However, the employee would need to in turn sign a service commitment for up to a year and if the employee quit before the year was up they have to return the funds. This has worked well in the past in enticing clinical/professional staff to stay employed in order to minimize disruptions to client care. One participant asked if the trainings would be provided to the community or just behavioral health staff. Stephanie clarified that in the past trainings/conferences would open up to the community and was not just for behavioral health staff. The group agreed to dedicate the funds to the regional partnership. This will be included in the MHSA Three-Year Plan.

- Update -- DHCS MHSA PROGRAM REVIEW – April 21, 2020: Stephanie provided an update that DHCS held an augmented version of the MHSA Program Review on April 21, 2020. The findings that came out of the review were recognized and had been mostly addressed in the FY19/20 MHSA Annual Update, except for listing FSP targets by age group—which will be included in the MHSA Three Year Plan for FY20/21-22/23. Other findings that had been previously addressed included compliance with the Prevention and Early Intervention Annual and Three-Year Reports. ACBHS is awaiting the formal Plan of Correction and will comply with the requirements of the review in order to ensure the state that the findings have been or will be addressed. One good thing about the review is that since it was augmented, the reviewers were more prepared and had reviewed the documents prior to the meeting. This was a successful review and a good learning experience. Amador County's next MHSA Program Review is scheduled again in 2023.
- No Place Like Home (NPLH): Since our March meeting a lot has taken place regarding No Place Like Home. The Amador County Plan to End Homelessness was completed, the Amador Housing Study was completed and the Site Feasibility Study was also compiled. These three documents were presented to the Board of Supervisors on June 23rd. The goal was to have the BOS approve the documents and allow the county to move forward in pursuing a Request for Qualifications

for a development sponsor to start discussions on pursuing affordable housing development, with NPLH units incorporated, on the county-owned 4.5 acres off of Wicklow Way. The BOS approved this 5-0. ACBHS is continuing to work with Housing Tools to pursue the RFQ and seek out an affordable housing development sponsor as well as work to pursue other funding that could leverage No Place Like Home funds, such as Permanent Local Housing Allocation (PLHA) dollars.

- MHSOAC RFA – Mental Health Student Services Act: The School-Based Mental Health Early Interventions Strategies workgroup collectively applied for the Mental Health Student Services Act RFA. The ACUSD/ACOE and ACBHS worked directly together to pursue this funding. If awarded, ACBHS would receive 2.5 million dollars over a period of four years. The funding would be used to hire two mental health professionals to provide direct services to students at school sites. Three additional school counselors would be employed by ACUSD/ACOE, two of which would be dedicated to the junior high school sites and one would be split between the two high schools and specifically be a ‘social emotional’ counselor to address student wellbeing and mental health needs. Grant funds would also be used to support a student assistance program, transportation options for students and families to access mental health treatment and a robust mental health training program that targets school site staff, students and offers education to families around mental health diagnoses including strategies and tips to assist in caring for students who have mental health needs. ACBHS should be notified soon as to whether or not the grant is awarded. They will keep the group posted on the outcome.
- Bus Ad ‘It’s Ok to Not Be Ok’ – continue?: The Bus Ad ‘It’s Ok to Not Be Ok’ is expiring this month. Does the group believe this is a beneficial ad and would the group like to see it continue? It does cost \$2,700 per year and is the full passenger side where riders step on to the bus. The budget this year for Outreach and Engagement is \$16,000 and with COVID-19, we aren’t sure how what outreach may look like in the upcoming year. The group did agree that the ad should continue for another year as it does have a lot of exposure. Stephanie will make sure she works with the Amador Transit to continue the ad.

Regular Agenda Items:

- Quality Improvement Update: Megan provided an update regarding the DHCS Triennial Review, which will be taking place in October. DHCS has not notified ACBHS if this will be an in-person review or if it will be augmented and conducted virtually. Nonetheless, ACBHS is actively preparing for the review that occurs every three years. Also, Consumer Perception Surveys were issued and are being collected. The Consumer Perception Surveys are client and family members

survey to determine how ACBHS is doing in serving their consumers and families. Megan will be reviewing the data and provide a report at the September meeting.

➤ Suicide Prevention Updates

- Suicide Prevention Awareness Week: Vanessa provided an update that the Heart of Hope will still occur this year. Heart of Hope is an art show that highlights the perseverance and resiliency among those who have mental illness and who have been impacted by suicide. The Call to Artists is currently active and the show will be held August 10th through September 11th. On September 10th (World Suicide Prevention Day) there will be a Live Virtual Event featuring art and music from the show, mental health resources and presentation from Amador SPEAK, Dept. of Behavioral Health, and certified wellness-arts facilitators.
- Amador SPEAKS – Amador County’s Suicide Prevention Coalition is meeting online. There was one meeting held in June and the next meeting is July 16th at 3:30 via Google Meet. Vanessa has sent and will re-send the meeting information in the Community Announcements email.
- QPR is going to be offered virtually. Vanessa and Ken are working on ways to make this happen and offer the training to the community again.
- Materials—if anyone needs materials or support, please let Vanessa know. She is here and ready to help!

➤ Innovations Update: MomCHAT is nearly implemented. Interviews for the peer navigator are underway and we will hopefully have an implementation update at the September meeting. TxChat is not meeting in-person but referrals are still being accepted. Please refer any youth aged 13-17 that you feel would benefit from the program.

➤ Cultural Competency Activities Update:

- Latino Engagement Meeting Update (Next meeting 9/8/20): Held the June meeting via Google Meet-which was very productive. The group is accessing Spanish-speaking individuals and families far and wide. The next meeting will also be held via Google Meet in September.
- Native American Engagement Meeting Update (Next mtg. TBD): The last meeting was held in October 2019. Due to COVID-19, no efforts have been made to schedule a meeting. Stephanie will reach out to Tribal TANF to determine if this is a possibility at this time.
- LGBTQ+ Workgroup Meeting (Was scheduled-April 28th @ 1:00 p.m. WILL BE RESCHEDULED): This was a meeting of the community and various entities (public

systems, school district, community members and non-profits/community based organizations) to discuss what efforts currently exist for the LGBTQ+ community members of all ages and stages and then determine how we can organize our efforts to meet and address the needs. There was great interest in this meeting and once we are able to meet again, this will be rescheduled.

- TriCounty Cultural Competency Committee (bi-monthly): Due to COVID-19 the group has not met since February 2020. This group is a collaboration between Calaveras, Amador and Tuolumne counties to identify similar cultural themes and barriers within our region. The Implicit Bias training held in December was a product of this groups efforts.
- Central Region Cultural Competency Coordinators Monthly Meeting: Stephanie continues to participate to learn from other communities on how to best incorporate culturally appropriate practices and principles into our mental health network of care.
- Cultural Competency Plan: Review Cultural Competency Objectives @ Sept. 2020 Mtg.
- Informing Materials Update: Brochures are being translated and should be done soon. It is noted that according to DHCS, Amador currently does not have a threshold language, however, it is recognized that there is a significant Spanish-speaking population and having materials translated into Spanish assists in creating access for the Spanish-speaking community.

➤ Trainings for 2020/21:

- LGBTQ+ Affirming Practices Training – August 11th from 9 – 12 via Zoom. The email invitation was sent out earlier this week. Please RSVP to Stephanie.
- CIT for Law Enforcement & First Responders: Will be rescheduled for January 2021 (originally scheduled for April 2020, postponed due to COVID-19)

Past Training 2019/20:

- ✓ Implicit Bias Training—December 2, 2020
- ✓ Military Culture Training—February 4, 2020
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➤ Program Updates/Information Sharing

Next Meeting: September 3, 2020 @ 3:30 p.m.

amador transit

209-267-9395

It's OK to not be OK

there is Hope ~ there is Help

1-888-310-6555



**Mental Health
Matters**

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