



## MENTAL HEALTH SERVICES ACT PROGRAMS

In 2004, California voters passed Proposition 63-the Mental Health Services Act (MHS)-to fund expanded mental health services. That money provides many mental health and wellness programs in Amador County. The MHS has five components of funding and below is a list of each component and what programs/services are currently funded under the MHS in our community.



**Community Services & Supports (CSS)** utilizes 76% of Amador's entire MHS allocation. Here is how those funds are used:

- Mobile Support Team
- Full Service Partnerships
- MHS Supportive Housing Program
- Peer Personal Services Coordinators (2)
- Sierra Wind Wellness and Recovery Center
- NAMI Education & Support Groups
- Therapeutic Groups & Activities (Wellness Recovery Action Plan/WRAP, Art Therapy, Socialization Activities, Community Gardens)
- Client Support Fund
- Community Program Planning Costs

**Prevention & Early Intervention (PEI)** utilizes 19% of Amador's entire MHS allocation. Here is how those funds are used:

- Community Outreach Events
- Community Awareness/Stigma Reduction Campaigns
- Suicide Prevention Education & Awareness (includes QPR, safeTALK)
- School Based Mental Health Early Intervention Strategies
- ASPIRE (Student Assistance Program)
- First 5 Amador Behavioral Health Consultations & Prevention Activities
- Nexus Youth and Family Services Outreach & Engagement (Family Resource Centers, Wellness Workshops, and more)
- Nexus Youth and Family Services Building Blocks of Resiliency (PCIT & ART)
- Nexus Youth and Family Services Youth Empowerment Program / Project SUCCESS
- Nexus Youth and Family Services Promotores de Salud
- The Resource Connection Grandparents Program



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- Senior Peer Visitor Program
- Amador Senior Center Lunch/Nutrition Program
- Foothill Fitness

**Innovations (INN)** utilizes 5% of Amador’s entire MHSA allocation. Innovations are time limited projects and used to pilot programs to improve mental health services. If the programs are successful, sustainability options are found to keep the project going in the community. Below are Amador’s two Innovations projects:

- MomCHAT (Maternal Mental Health Project): Currently in development to provide community based maternal mental health services (clinical) and supports (utilizing a peer partner).
- TxChat: Implemented in May 2018, the project targets teens (13-17) who suffer from or are at-risk of co-occurring disorders (mental health and substance use). The group is co-facilitated by a licensed mental health clinician and a certified substance use counselor. A case manager also offers support and transportation.

**Workforce Education & Training (WET)** are one-time funds to be used to build capacity for the mental health workforce. These funds must be expended by June 30, 2020. Here is how those funds are used:

- Staff & Community Trainings
- Amador College Connect MHSA Scholarships
- Internship Opportunities

**Capital Facilities & Technology (CFT)** are one-time funds to be used to support infrastructure associated with the growth of the public mental health system, software mandates related to Electronic Health Records (EHR), and other technological needs. Currently, these funds support the county public mental health system’s electronic health record. These funds must be expended by June 30, 2020.

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