Mental Health Services Act / Cultural Competency Steering Committee
May 5th, 2022
MINUTES

- Welcome / Introductions / Announcements: Participants announced themselves, see attached Attendance List.

NEW BUSINESS:

- Community Program Planning Process for 2022: The MHSA Programs Coordinator reminded the group that the Community Program Planning Process is ongoing until May 31st at 5:00 p.m. Please complete the survey and encourage others to do the same whether online (link in chat) or on paper and send back to the MHSA Programs Coordinator no later than May 31st. Focus groups are ongoing also and a lot of great feedback and discussion around mental health has occurred. ACBH is not hosting focus groups this year, and instead is using other meetings to hold focus groups instead. This seems to be receiving a better response. The results of the survey and the focus group are analyzed and will be discussed at the July meeting. After review by this committee, the results are incorporated into the Annual Update which guides our programing and efforts for the next fiscal year. The Annual Update will be posted by mid-August.
  Two comments were made regarding target populations or services – one was a program to assist with obtaining service dogs, the second was a reminder that the dual diagnosis for those who have developmental disabilities and mental illness is very common and prioritizing this population when building programs would be appreciated.
- MH Matters Month—May 2022: The MHSA Programs Coordinator provided an update to the various activities that have been launched for Mental Health Matters Month.
  - HOPE banners are spread throughout the community—keep your eyes open! There are HOPE banners also displayed in Spanish, ESPERANZA also!
  - May Calendar is finished! Hard copies are available to distribute, it was sent out in Community Announcements and it will be published in the Amador Ledger Dispatch, weekly throughout the month of May. Check it out and share with others for ways to get involved.
  - Homeless Resource Fair – May 15 & 16th @ Detert Park: Trixxie provided an overview of the fair, what to expect and what will be available to those who need it. The next planning meeting is next Wednesday, May 11th at 3:30 p.m.
  - KVGC: Trixxie recorded an ad that will be playing throughout the month of May on the local radio station.

- Amador Ledger Dispatch: James will provide an article to the Dispatch to promote Mental Health Matters Month. Various ads stating 'May is Mental Health Matters Month' will be running in the paper and online throughout the month.
- Weekly Emails: James will be emailing weekly about different elements of mental illness.

The group continued to discuss various efforts around activities for May. Joni with California Tribal TANF stated that they would include information in their May newsletter also.

- Hispanic Health & Resource Fair – May 20th @ First 5 Amador: There is a Hispanic Health & Resource Fair happening on May 20th from 2:30 to 6:30 at First 5 Amador. This event is targeted to the Spanish speaking, Latino/Hispanic community. There will be food, entertainment, resources, COVID-19 vaccines, resources for citizenship classes, car seat checks and more!
- No Place Like Home Update: Danco & ACBH are still waiting to hear whether or not the grant application was approved. HCD should provide this information in June. Danco & ACBH did receive notice that the grant application did meet the threshold requirements and a scoring notice was also received. The scoring on the grant application was lower than expected and Danco submitted an appeal. The MHSA Programs Coordinator learned that other counties were also scored low, and many appeals to HCD were submitted—so Amador was not alone in that. Additionally, the MHSA Programs Coordinator also was made aware that 55 million (or billion) was allotted for this grant cycle and only 51 million (or billion) was applied for. So there is plenty of money in the funding pool.

Regular Agenda Items:

- Reminder: Network of Care & Community Announcements
- Quality Improvement Update: Megan provided an update about Network Adequacy – which is ACBH's quality standard that must be adhered to. Megan also announced that the External Quality Review Organization (EQRO) is scheduled for September 15th.
- Substance Use Disorder Services Update: Amy provided data for the time period between January, February and March. The data provided was around enrollment into the SUDS program. Positive information was that 19 people enrolled in services, 6 people successfully completed the program and 2 people were discharged who made satisfactory progress. Negative information was that 5 people dropped out of services. Amy did state that this is negative, but it happens very often and isn't an uncommon occurrence. Final data point was that the length of time from intake to first treatment appointment 4 calendar days. Amy answered questions and will continue to provide data at this meeting on a regular basis.
- Innovations Update:

- MomCHAT & TxChat – no longer INN effective 6/30/22: Due to the laws around Innovations projects, they are only allowed to be funded for a five-year period. Both MomCHAT & TxChat were approved on July 1, 2017 and therefore the five-years cycle ends on June 30, 2022. Projects can continue, if they are successful, using other funding streams. MomCHAT is proving to be a successful program and as a result, will be funded for another two years using other MHSA funds, depending on the outcome of the Community Program Planning Process. TxChat has not been fully implemented since before COVID. This group has struggled and then with the onset of COVID, it just never moved forward. As a result, this program will not continue to be funded using other funding streams. Youth will still be treated by SUDS providers and MH providers as they are now.
- Student Mental Health: This is a comprehensive community support model to support a community-school relationship. The Student Assistance Program is being implemented and receiving a robust response. Additionally, the school-based workgroup is continuing to meet and as a result of this project, is looking to identify WHO is missing at the table and encouraging those who should be at the table to attend so they can be apart of this process. Nexus Youth & Family Services provided an update on the Student Assistance Program (SAP) and how the workgroup is evolving to include homeschool students, private school, charter school and preschool aged students and families.

- Suicide Prevention Updates
  - Amador SPEAKS – 5/19/22 @ 3:30 p.m.
  - Question, Persuade, Refer (QPR) – 5/25/22—contact Gail to register!
- MHSA Issue Resolution Process
- Cultural Competency Activities Update:
  - Latino Engagement Meeting Update: Next meeting June 7, 2022 @ 11:00 a.m.
    The Hispanic Health & Resource Fair is also a product of the Latino Engagement Committee—if anyone is interested in attending, let the MHSA Programs Coordinator know.
  - Native American Engagement Update: Joni with California Tribal TANF Partnership announced that they are working to schedule the next Round Table meeting which is looking to be in June 2022.
  - LGBTQ+ Update: Virtual Round Table – June 6th @ 2:30 p.m. : This group has been meeting monthly since March and has developed plans for PRIDE in June. Members of the Round Table are writing short, factual articles to highlight figures who have

contributed to society in meaningful ways. These articles will be published in the Amador Ledger Dispatch throughout the month of June. There is also some events going on in Amador for PRIDE. Amador City PRIDE will be taking place in June and on Father's Day, June 19th there will be a PRIDE event at the park in Sutter Creek. Cal VOICES provided some information about the event.

- Local & Statewide Cultural Competency Efforts
- California Mental Health Equity Project (CMHEP) Updates: Stephanie provided information about the most recent CMHEP efforts to engage communities around cultural competence. The MHSA Programs Coordinator will send out the email to attendees after the meeting is over and encourages everyone to participate.
- Cultural Competency Plan & Cultural Competency Objectives

➢ Proposed Trainings Scheduled for 21/22:

- Mental Health First Aid Training – The Arc of Amador & Calaveras is organizing a MHFA with Spencer from Nexus. Joni & Chamise from California Tribal TANF Partnership would like to be included in a future MHFA training as well.
- There is another CIT training scheduled for Fall 2022

Previous FY 21/22 Trainings:

- Implicit Bias – Dr. Bryant Marks – July 22nd
- CIT for Law Enforcement & First Responders—October 25, 26 & 27th
- Maternal Mental Health Workshop Series—October 27, Nov. 4th & 16th
- Moving from Protection to Connection: Neuroscience of Trust & Engagement--April 26th

➢ Program Updates/Information Sharing

➢ **Next Meeting: July 7th, 2022 @ 3:30 p.m.**

Mental Health Services Act / Cultural Competency Steering Committee via Zoom
May 5, 2022

Attendance List:

Alyssa Vargas, Amador Senior Center
Janet Paine, Anthem
Megan Hodson, ACBHS
Danelle Bohall, The Resource Connection-Grandparents Program
Melissa Cranfill, ACBHS Director
Stephanie Hess, ACBHS MHSA Coordinator
Michelle Tillery, Amador College Connect
Lurali Moore, ARC of Amador & Calaveras
Pat Porto, ATCAA
James Burke, ACBH Peer Personal Services Coordinator
Katrina Ozier, Cal VOICES
Amy Hixson, ACBH
Steve Christensen, Behavioral Health Advisory Board/Faith Based Task Force
Gail Abbott, ACBH Peer Personal Services Coordinator
Joni Drake, CTTP-Amador
Chamise Pink, CTTP-Amador
Trixxie Smith, Cal VOICES
Debbi Kempker, Cal VOICES
Lori Halvorson, Nexus Youth & Family Services