

Problem Gambling Information & Services Offered by Amador County Behavioral Health (ACBH)

10877 Conductor Blvd. Sutter Creek. CA. 95685 (209) 223-6553 or (888) 310-6555

Signs of Problem Gambling (PG)

Increasing preoccupation with gambling

The need to bet more money more frequently

Becoming restless or irritable when trying to stop gambling

Chasing losses

Lack of control manifested by continuation of the behavior



Problem gambling can have many adverse effects on the gambler, their families and friends.

As the gambler loses control of their finances, time and commitment to their responsibilities. They may feel ashamed, unhappy, or anxious and struggle to stop gambling despite the negative consequences.

Many problem gamblers also suffer from depression, anxiety or alcohol/substance use disorders and/or childhood trauma.

Increased involvement in criminal activity and an increase in the likelihood of contemplating or committing suicide.

Suicidal Risk Factors

Past Attempts

Alcohol/Drug Abuse

Serious Mental Illness

Criminal Justice Issues

Financial Struggles

Family Conflict



Onsite Services

Group Counseling

Individual Counseling

Treatment Planning

Prevention Skills & Services

Referral Services

Inpatient & Intensive Outpatient

Telephone Counseling

We can help!

If you have questions or concerns regarding problem gambling for yourself or a family member.

Please call

All services are at no cost!

Melissa Thompson (209) 223-6553

Or ACBH (888) 310-6555