

Senior Visitors

Need someone outside your family to talk with when things get hard?



When You Need *Someone* To Listen To Only You

The Amador County Senior Visitor Program connects you with another senior who will listen to your concerns. Our volunteers are caring and understanding men and women.

A bridge to get you over difficult transitions

- Loss of a partner, declining health, depression, isolation
- A personal crisis that may be overwhelming such as a spouse with dementia, family conflict

Find support and compassion from senior visitors

- Scheduled visits to your home or a place of comfort
- Senior volunteers trained in personal relationships and effects of aging
- One-on-one confidential and non-judgmental conversations
- Connections to available community resources
- Help with understanding life changes that come with aging
- Volunteer who cares and will follow-through based on your needs

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Hear what our clients have to say:

"It meant so much to me to have someone who cares, especially when I lost my wife. [The visits] were a tremendous help."

"It isn't any fun to be lonely, especially when you get older. The visits give you something to look forward to."

FREE VISITS

VISITS ARE FREE

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Visits are scheduled at times agreeable to you and your volunteer, usually weekly or bi-weekly

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Volunteers are matched with you based on commonalities and location

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Visits usually extend over a period of six months to one year

VOLUNTEERS

VOLUNTEERS WANTED

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If you enjoy working with other seniors and...

- you are a good listener
- you are interested in the issues of aging
- you want to learn more about community resources for the elderly
- you are available to receive special training for the program
- you have time and willingness to be a special visitor

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...then leave a message to volunteer with Eileen at the Amador Senior Center at (209) 223-0442.

The Senior Visitor Program is sponsored by the Amador Senior Center and funded by the Mental Health Services Act through a contract with Amador County Behavioral Health. Contact Eileen or leave a message at the Amador Senior Center to receive visits and make referrals for a senior in need at (209) 223-0442. You will receive a follow-up call shortly.