

The Early Start Community

If you have a young child who needs specialized care or has a disability, or if you have a concern about your child's development, there is help and support in your community!

Early Start **Family Resource Centers** help you navigate through Early Start.
www.dds.ca.gov/services/early-start/family-resource-center

Places like **libraries** provide opportunities for learning and inclusion.
www.library.ca.gov/services/to-libraries/library-directory

Child care, preschools, or home visiting programs, such as Early Head Start, can help support development.
mychildcare.ca.gov/#/home

Your child may receive services from their local **school**.
cainclusion.org/camap/map-project-resources/county-specific-resources

Pediatricians check your child's development at 9, 18, & 24 months.
www.cdc.gov/ncbddd/actearly/index.html

Families are the heart of Early Start. Find Early Start resources here:
www.ceitan-earlystart.org/central-directory

Your **health care plan** may cover some services for your child.
www.dmhc.ca.gov

If you have concerns about your child's development, start by contacting your local **regional center**.
www.dds.ca.gov/services/early-start/family-resource-center/regional-center-early-start-intake-and-family-resource-centers



The California Department of Developmental Services and the Interagency Coordinating Council on Early Intervention have information for parents and professionals about how to get help and support. For additional questions, please call the Early Start BabyLine at 800-515-BABY (800-515-2229).

Local contact information:

Valley Mountain Regional Center (VMRC)
Stockton 209 473-0951
Modesto 209 529-2626
San Andreas 209 754-1871
Family Resource Network (FRN)
209 472-3674, 800 847-3030